Woodstock Hospital
Complex Care Eligibility Criteria

- A progressive, time-limited and goal-oriented program for patients with complex medical needs
- Available health disciplines: Physiatry , Physiotherapy (PT), Occupational Therapy (OT), Speech-Language Pathology (S-LP), Recreational Therapy (Rec T), Social Work (SW), and Dietitian
- Provides hospital-based nursing and rehabilitation care with active assessment and management by specialized staff

Does Patient Meet the Following Criteria?

1. Is 18 years or older ☐ Yes ☐ No
2. Is able to consistently and actively participate in the amount and duration of therapy intensity for the Complex Care stream described below ☐ Yes ☐ No
   - Previous Complex Care admissions and outcomes may be reviewed
3. Has demonstrated cognitive function allowing patient to learn and integrate new skills into functional outcomes ☐ Yes ☐ No
4. Has established functional goals, which are specific measurable, realistic and timely ☐ Yes ☐ No
5. Is medically/surgically stable ☐ Yes ☐ No
   - No unresolved acute medical issues
   - Co-morbidities are established
   - Has an established medical plan of care
6. Is willing to participate and has an understanding of the rehabilitation processes ☐ Yes ☐ No
7. Has an established discharge plan ☐ Yes ☐ No
   - Anticipated discharge destination cannot be long-term care (LTC) at time of referral

Low Intensity Rehabilitation	Activation/Restoration	Short-Term Complex Medical Management	Long-Term Complex Medical Management
Functional Goal: **Progression** Time-limited, 3- 6 weeks, coordinated, low intensity rehabilitative care to **enhance functional and cognitive ability**	**Functional Goal:** **Progression** Exercise, functional practice, and recreational activities to **increase strength and endurance to manage activities of daily living**	**Functional Goal:** **Stabilization & Progression** Medically complex and specialized care to **avoid further loss of function and increase activity tolerance**.	**Functional Goal:** **Maintenance** Medically complex and specialized care to **maintain, slow the rate of, or reduce further loss of function.**
Target Population: Medically stable; physical and cognitive ability to participate in comprehensive interprofessional rehabilitative program at **low intensity**	**Target Population:** Medically stable; physical and cognitive ability to participate in therapeutic restorative activities	**Target Population:** On admission, may have limited physical/cognitive capacity, but believed to have restorative potential; this level of care will stabilize medical condition and optimize rehabilitative potential	**Target Population:** Medically complex with long-term illness/disability; requires ongoing medical and nursing support, not available at home or in long-term care
Therapy Intensity: 30 to 60 mins per day; 3 to 5 days per week	**Therapy Intensity:** 15 to 30 mins per day; 3 to 5 days per week	**Therapy Intensity:** 15 to 30 mins per day; 3 to 5 days per week	**Therapy Intensity:** Therapy to maintain/optimize cognitive, physical, emotional and functional abilities