

Care, Hope, and Stability for Oxford County

The Oxford HART Hub



HART Hub
Oxford County

In partnership with Oxford OHT

One call connects you to the Oxford HART Hub. Adults ages 18+ can call **519-537-2382** at any time. A member of our team will listen, answer questions, and help connect you to the right care pathway.

The Oxford Homelessness and Addiction Recovery Treatment (HART) Hub is a group of local organizations working together to provide mental health, addiction, housing, and social supports for adults 18+ in Oxford County. It brings care, compassion, and stability together in one connected system.

WHAT IS INCLUDED IN THE HART HUB

- 24/7 central intake and system navigation
- Mental health and addiction services, including group therapy
- Voluntary bed-based treatment at a Wellness Centre
- Mobile outreach teams
- Transitional housing and social supports
- Primary care
- Wraparound services to support a path to recovery



WHAT YOU CAN EXPECT FROM THE OXFORD HART HUB

- Central intake line open 24/7
- Warm, respectful, and non-judgmental care
- Mental health and addiction services, including bed-based addiction services at the Wellness Centre in Woodstock, which operates as an abstinence-based program
- The temporary Wellness Centre is open now at 369 Huron Street, while work continues on the permanent site at 16 Graham Street

WHY THE HART HUB MATTERS FOR OXFORD COUNTY

Oxford County is seeing rising mental health needs, increased addiction-related harms, and growing housing instability. The HART Hub responds by:

- Reducing pressure on emergency services
- Offering local care instead of requiring long travel
- Improving community safety through coordinated support
- Helping workplaces and schools by reducing unmanaged crises
- Increasing access to trauma-informed support
- Creating clear pathways to housing, wellness, and recovery
- Strengthening collaboration among local organizations

The result is a healthier, safer community with better outcomes for individuals and families.

A NEW WAY TO SUPPORT PEOPLE IN OXFORD COUNTY

Many people have had to wait or travel far for care or turn to emergency services when steady support would have helped sooner. The HART Hub changes this by linking health, housing, and social services into one coordinated approach.

A COMMUNITY WORKING TOGETHER

More than 100 individuals, including people with lived experience, community members, and staff, have helped shape the HART Hub's pathways and environment. Their experiences helped us design a system that is easier to use and easier to access.

EVERYONE DESERVES SAFETY, DIGNITY, AND A CHANCE TO RECOVER

The Oxford HART Hub offers trauma-informed care that meets people where they are.

The goal is simple: help people feel safe, supported, and ready for the next step.

LEARN MORE, STAY CONNECTED

Central intake (24/7): 519-537-2382

Learn more, find FAQs, and get updates at:

woodstockhospital.ca/oxford-hart-hub-initiative