| ULTRASOUND REQUISITION | Patient Information: | |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
| Department of Diagnostic Imaging 310 Juliana Drive Woodstock, ON N4V0A4 Phone: 519-421-4204 Fax: 519-421-4241 Central Bookings Phone: 519-537-2381 Fax: 519-421-4238 Referring Physician or | Name (Last, First): | |
| Other Authorized Health Care Provider | ☐ WSIB? (Please include approval for specific exam) Claim Number: Date of injury: | |
| Name (Please Print): Phone:Fax: | ☐ 3 rd Party or Insurance (Company or Self-pay): | |
| Ordering Physician or Authorized Health Care Provider Signature: | Does this patient have special needs or impairments? (Please specify): Hold patient Send to Office Other Clinical Indication, History: (reason for exam) | |
| Copy to: | | |
| | OMPLETE REQUISITIONS WILL BE RE-BOOKED ing documentation by fax to Central Bookings: 519-421-4238 | |
| Examination(s) Requested: | ing accommentation by tax to central bookings, 515-121-1250 | |
| EXAMS REQUIRING PREPARATION | PREPARATION | |
| ☐ Abdomen ☐ Kidneys ☐ Aorta ☐ | Nothing to eat or drink for 8 hours prior | |
| □ Abdomen and Pelvis □ Kidney and Pelvis (Renal Colic) □ Pelvis and Limited Abdomen (Diverticulitis) | Nothing to eat for 8 hours prior No smoking or chewing gum for 8 hours prior Drink 1 litre (32 ounces) of water, and be finished 1 hour before Do not empty bladder | |
| Pelvis ☐ Trans-abdominal only ☐ Transvaginal, if indicated ☐ Obstetrical Twins ☐ Obstetrical Routine (greater than 18 weeks) ☐ Obstetrical Dating ☐ Obstetrical Enhanced First Trimester Screen (eFTS) ☐ Obstetrical (High Risk) | No food restrictions Drink 1 litre (32 ounces) of fluids, and be finished 1 hour before Do not empty bladder | |
| EXAMS WITH NO PREPARATION | EXAMS WITH PREPARATION - SEE PAGE 2 | |
| ☐ Echocardiography Right Left ☐ Carotid Doppler ☐ Shoulder ☐ Thyroid ☐ Knee (for Baker's Cyst) ☐ Neck ☐ Achilles Tendon | ☐ Hysterosonogram ☐ Thyroid Biopsy or Aspiration ☐ Lymph Node Biopsy Right Left ☐ ☐ Joint Injection (Knee) | |
| □ Face □ Arm Arteries □ Scrotum (Testicular) □ Arm Veins □ Chest (Masses) □ Leg Arteries □ Abdominal wall □ Leg Veins (DVT) (Hernia) □ Leg Veins (venous insufficiency) □ Groin (inguinal hernia) | ☐ Biopsy Other (specify) | |
| ☐ Soft Tissue Other (specify) | Note: for Prostate-Transrectal ❖ and Prostate-Transrectal Biopsy ❖ ❖ Please use separate Prostate-Transrectal requisition and follow instructions from there | |
| Appointment Date: | Appointment Time: | |
| DI FACE DRING THIC DEOLI | CITION AND VOLID HEALTH CARD | |

Requirements and preparations for examinations provided with requisition on page 2 To cancel or reschedule this appointment please call Central Bookings: 519-537-2381



DRAFT 06 Oct 2025



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ULTRASOUND EXAMS REQUIRING PREPARATION

| EXAM | PREPARATION | DURATION |
|-----------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------|
| Abdomen, Kidneys, Aorta | Nothing to eat or drink after midnight No smoking or chewing gum for 8 hours prior to and up to appointment time Continue your medications as usual | 30 minutes |
| Abdomen and Pelvis (Combined), Kidney and Pelvic, Pelvis and Limited- Abdomen | Nothing to eat for 8 hours prior No smoking or chewing gum for 8 hours prior to and up to appointment time Continue your medications as usual Finish drinking 1 litre (32 ounces) of water 1 hour PRIOR to your appointment time for the pelvic ultrasound. Your bladder must be full and this exam will be performed first DO NOT EMPTY your bladder unless you experience extreme discomfort and then only empty enough to relieve discomfort (usually about 250-300 mL) INSULIN DEPENDENT DIABETIC PATIENT ONLY Take your normal insulin dose with clear juice (no food) the day of your appointment After exam, resume normal routine | 30 minutes |
| Pelvic, Obstetrical (Pregnancy), Prostate-Transabdominal (for Prostate-Transrectal, preparation is on page 2 of Prostate-Transrectal requisition) | No food restrictions Continue your medications as usual Finish drinking 1 litre (32 ounces) of water 1 hour PRIOR to your appointment time for the pelvic ultrasound. Your bladder must be full for this exam DO NOT EMPTY your bladder unless you experience extreme discomfort and then only empty enough to relieve discomfort (usually about 250-300 mL) Note for Obstetrical The exam must be completed before anyone is brought into the room We ask that you refrain from asking the Sonographer for any ultrasound results during the scan (including sex determination) Your referring physician can provide you with the results at your follow-up appointment and answer any questions at that time | 30 minutes to 1 hour |
| Hysterosonogram | Pregnancy test (blood work) required the day before or 2 hours prior to appointment time (IF NOT POSTMENOPAUSAL). Please arrange through your attending physician Exam should be booked 7-10 days after your period is finished. If you start your period, exam needs to be rescheduled. Please call Central Bookings to reschedule: 519-537-2381 | 30 minutes to 1 hour |
| Breast Localization | Please follow instructions as per Pre-Admit Clinic | |
| Breast Aspiration, Breast Biopsy, Joint Injection / Aspiration, Thyroid Biopsy / Aspiration, Other Biopsy, Lymph Node Biopsy | No restrictions on food or drink No blood thinners (including aspirin), for 10 days prior to procedure If there is a concern regarding this, please advise your attending physician The Ultrasound Department must be notified if there are any modifications to the prep regarding medications | 30 minutes |
| Liver Biopsy | NPO 8 hours prior No blood thinners (including aspirin), for 10 days prior to procedure. If there is a concern regarding this, please advise your attending physician. The Ultrasound Department must be notified if there are any modifications to the prep regarding medications INR and PTT blood work required prior to procedure. If results of INR and PTT are greater than the high range of normal, please have attending physician discuss results with radiologist to confirm whether they will continue with procedure. Notify Ultrasound Department of any changes | 30 minutes to 1 hour |
| Paracentesis, Thoracentesis | No restrictions on food or drinks Continue your medications as usual except blood thinner INR and PTT blood work required prior to procedure. If results of INR and PTT are greater than the high range of normal, please have attending physician discuss results with radiologist to confirm whether they will continue with procedure. Notify Ultrasound Department of any changes | 30 minutes to 1 hour |

PLEASE CONTACT YOUR ATTENDING PHYSICIAN FOR ANY QUESTIONS REGARDING YOUR MEDICATIONS

To cancel or reschedule your appointment please call Central Bookings: 519-537-2381

For any questions regarding Ultrasound please call: 519-421-4204

Please be aware that this is a "Fragrance Free" facility