

**BOARD OF TRUST**

DATE: Tuesday, April 29, 2025

In the Boardroom

TIME: 5:00 p.m.

PRESENT: Ms. P. Hilderley (Chair), Ms. T. Crockford, Mr. R. Mitchell, Ms. J. Soden, Mr. D. Wallet, Ms. S. Wolfe, Ms. B. Taylor, Mr. P. Lang, Ms. K. Lavelle, Ms. C. Smart, Mayor J. Acchione (County Rep), Ms. M. Ross (Pt. Advisor), Ms. C. Lauder (City Rep), Mr. E. Andreola, Dr. M. MacLeod, Dr. K. Green, Dr. I. Hons

REGRETS: D. Westcar, L. Symons, Mr. B. Kennedy, Ms. A. Fortin, Dr. P. Howatt

Recorder: Ms. A Dalpe (Medical Staff Assistant)

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| **AGENDA ITEMS** | **DISCUSSION** |
| CALL TO ORDER | The meeting was called by Ms. Hilderley, Chair at approximately 5:02 p.m. |
| PRESENTATION | **First Responders Mental Health Program:**  Shelley Muldoon, Director of Mental Health, presented the First Responders Mental Health Program and highlighted the following:   * + - * The First Responder Mental Health (FRMH) Specialty Program contract ends May 31, 2025; however, Trillium Health Partners is in conversations with WSIB and it is expected that the FRMH program will fall under the new Mental Health contract.       * The program includes an interdisciplinary team of psychiatrists, psychologists, social workers, kinesiologists, occupational therapists, clinical coordinator, team lead and clerical support.       * Working in conjunction with Trillium Health Partners, Wounded Warriors Canada, EHN Guardians, offering several high intensity programs attached to the First Responder Mental Health Specialty Program.       * Services offered at WH include: comprehensive assessments, psychiatry, psychology, social work, follow up assessments, high intensity treatment, individual sessions (CBT, CPT and DBT), group psychoeducation, group occupational therapy, physical reactivation, return to work services, moderate intensity treatment, individual sessions, and aftercare. These services provide a full spectrum of care.       * The program is provided as a hybrid model with virtual visits and some in-person visits for local patients.       * Program stats show exponential growth:       * Referrals in 2024 = 279 (up from 89 in 2022 and 162 in 2023)       * Comprehensive assessments in 2024 = 263 (up from 78 in 2022 and 146 in 2023)       * Follow up assessments in 2024 = 121 (up from 16 in 202 and 35 in 2023)       * Treatment in 2024 = 145 (up from 61 in 2022 and 85 in 2023)       * Volumes continue to increase and the team is working hard to meet SLA’s, utilizing increasing psychologist availability and onboarding another, increasing the number of social workers on the team, implementing new contact strategies with escalation for non-responses.       * Stats show the rapid increase in revenue:       * 2022/23 net income = $345, 499.11 Revenue = $838,249.42       * 2023/24 net income = $563,422.40 Revenue = $1,406,958.73       * 2024/25 net income = $570,182.72 (to Feb 2025) Revenue = $2,557,597.08       * In response to feedback from WSIB and Trillium Health Partners the following QIP initiatives were engaged:       * Functional abilities group       * Improved access to assessment and treatment       * Revamped psychoeducation group       * Developing individual and group modules for various therapeutic modalities       * Tracking return to work       * Peer audits       * Training manuals       * Training series       * Peer clinical consultations       * Onboarded an occ therapist to support program       * Challenges:       * Referrals have decreased significantly in 2025 for Comprehensive Assessments – have inquired and have been told that the numbers are down across the province       * Reduced referrals lead to reduced caseloads for treatment       * Lack of office space       * Lack of availability for psychiatry       * Lack of timely submissions from Occ Therapy       * Accomplishments       * Collaborative weekly team meetings,       * weekly cognitive processing therapy supervision       * defined office space,       * weekly rounding with all FRMH sites       * increased staffing with Psych, psychology, social work, occ Therapists,       * communication to community treatment providers regarding discharge planning,       * work from home schedule to provide more fulsome staffing       * Patient feedback was shared:       * 81% stated the therapist had the skills and knowledge to help me in my recovery       * 96% stated they were treated in a king and respectful manner by the treatment team       * 83% stated overall, I feel I received high quality care from the treatment team.   Ms. Hilderley thanked Ms. Muldoon for her presentation. |
| DECLARATION – CONFLICT OF INTEREST | No one declared a conflict of interest. |
| ADOPTION OF AGENDA | **MOVED** by Mr. Acchione to adopt the agenda as circulated, seconded by Mr. Wallet. **CARRIED.** |
| HUDDLE | **Mental Health Services:**  Ms. Wolfe gave an overview of the outpatient mental health program at WH and highlighted the following:   * + - * Reviewed the services available and the volume of visits:       * Crisis Response Services       * Talk In Counselling Clinic       * Brief Therapy       * Therapy (Individual and Group)       * PEPP: Prevention and Early Intervention Program for Psychoses       * Peer Support       * BSO: Behavioral Support Ontario Geriatric Outreach       * Eating Disorders       * Outpatient Psychiatry (wait times are currently at 8 months) * In response to a question regarding community support for patients after they leave the hospital, it was noted that supports are available through the Community Health Centre, United Way. It was also noted that the County/City are working together with the CHC and developers to invest and build in the county. |
| Recycling reminder | Ms. Lavelle reminded the Board of Trust of the recycling program available at WH and the containers provided in the Board Room. Items that can be placed in the green bin include, utensils (plastic wrapping and the actual utensils), napkins, paper plates, and food waste. Plastic plates can be put in the regular recycling bin. |
| PREVIOUS MINUTES –  March 25, 2025 | **MOVED** by Ms. Ross, seconded by Ms. Wolfe to approve the previous minutes of March 25, 2025. **CARRIED.** |
| BUSINESS ARISING |  |
| Joint Health and Safety Committee | **MOVED** by Ms. Soden, seconded by Ms. Crockford to approve the previous minutes of March 18, 2025. **CARRIED.**  It was noted that contractors, including Honeywell are not attending this meeting regularly. Mr. Lang will bring this concern back to the committee.  In response to a question related to the increase in incidents, Mr. Lang noted that a more detailed incident report has been requested. |
| City Report | Ms. Lauder reported:   * There is a Council meeting coming up where they are expected to approve the tax rates. |
| County Report | Mr. Acchione reported:   * The Mayor’s Breakfast was held this morning and was well attended. * He recognized the hospital staff and Board of Trust for their continued efforts on the implementation of the HART Hub. |
| Foundation Report | Ms. Hilderley provided the following update:   * The Foundation Board approved the motion to accept that the funds from the Hay estate be transferred from WH to the WH Foundation, once the amended and restated Trust Deed takes effect. * The opportunity to buy 50/50 through a membership started on April 1st and over 600 people signed up, exceeding expectations. The grand prize winner of the 50/50 in March was Jane Kachur who won $40,302. * Currently there are 120 signed up for the Dairy Capital Run on May 24th, compared to 130 we had at this time last year. So far, confirmed sponsorship is down from last year, currently at $10,500 versus $14,500 we had at this time last year. Committed sponsors are Main St. Group, Vuteq, Oxford optometry and Timberland. Other sponsors have confirmed interest but have not yet committee their level of support. * Sponsorship for the Golf Tournament in June is currently at $67,800. Last year total sponsorship was $125,500. So far, there are 100 golfers signed up, with a goal of 200. * The Spring Direct Mail went out the week of April 7th. Proceeds will support the mammography units in Diagnostic Imaging. |
| Correspondence | A thank you letter from Ms. Lauder was read aloud. |
| Adjournment | The meeting adjourned to LPP on motion at 5:58 p.m. CARRIED. |

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Ms. P. Hilderley, Chair Ms. L. Symons, Secretary