



Woodstock Hospital

NEWSLETTER

SUMMER
2023



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SUMMERTIME



MESSAGE from the President & CEO



Perry Lang
President & CEO

The Woodstock Hospital Board of Trust's 126th Annual General Meeting was held on June 27th, 2023, and I am pleased to report the hospital ended the fiscal year in a positive financial position. I invite you to see pages 10 and 11 to review the hospital's 2022-2023 financial report and read the report from Beth Taylor, the Chair of the Board of Trust. I

would like to thank Beth and the Board for their service and for all the ways they continue to demonstrate appreciation for hospital staff, an example of which, can be found on the next page.

Once again, the hospital celebrated National Nursing Week with the annual Woodstock Hospital Nursing Awards. While Woodstock Hospital is the proud home of so many skilled, compassionate, and dedicated staff, I invite you to see page 5 to view the winners of this year's awards, as nominated by their peers.

Though the nursing staff provide the foundation of the high quality, patient-centered care here at the hospital, all staff working together towards the collective goal of excellence is what truly sets Woodstock Hospital apart. On page 6, I invite you to read a letter submitted by a patient, detailing her incredible inpatient experience that gives credits to everyone at Woodstock Hospital, from frontline care teams, to food service workers, to porters, and housekeeping.

While we celebrate these "wins" in patient satisfaction, Woodstock Hospital is always looking for ways to further enhance our services, collaborating with community partners to provide the best experiences possible for the members of our community. I encourage you to read page 9 to learn about some of our partnering initiatives, as well as review our Strategic Plan year-end update.

On behalf of Woodstock Hospital, thank you for your continuous support. Wishing you a safe and healthy summer. ■

WELCOME TO OUR HOSPITAL NEWSLETTER!

The Woodstock Hospital newsletters are published tri-yearly by Woodstock Hospital and the Woodstock Hospital Foundation. Past publications can be viewed electronically on the News section of the hospital website.

If you or someone you know would prefer to have the newsletters emailed to you, you can notify us by sending a message to ndicy@woodstockhospital.ca, or by subscribing on our website.



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RECOGNIZING Staff Career Milestones

On May 12th, Woodstock Hospital hosted its annual, Long Service Awards barbeque in the Courtyard, recognizing staff who have achieved milestone anniversaries in their careers at the hospital as of 2023.

This year, more than 80 members of the hospital staff were honoured, including Woodstock Hospital President & CEO, Perry Lang.

“One thing that hasn’t changed in the 25 years since I joined Woodstock Hospital is the family-like culture of the staff and their commitment to providing excellent patient care,” says Perry. “A testament to that, is the number of staff who received honours this year for such impressive career

milestones.”

There were 80+ staff who celebrated anniversary milestones this year and 24 who were recognized for anniversaries greater than 25 years. Celebrating major milestones, three staff were recognized for their 35-year commitment to Woodstock Hospital, including Marylou Jones, Charge Nurse in the Emergency Department, as well as Kelly and Karen, pictured below.

Career milestones for Woodstock Hospital physicians were also recognized at the barbeque, with 21 physicians being honored for service milestone between 10 and 25+ years of service. ■



(LtoR): Robin Perry of Portering, Tammy Aggerholm of Housekeeping, Sharon Pinheiro of Materials Management, Catherine Payne of Pharmacy, Teresa McLellan of Unit 2500, all celebrated 20 years of service.



(LtoR): Steve Hill of Materials Management and Perry Lang, President & CEO, both celebrated 25 years of service.



Physician, Dr. Jolie Pun, celebrated 10 years.



Kelly Danford, of Patient Registration, celebrated 35 years.



Karen Kitching, of Medical Device Reprocessing (MDRD), celebrated 35 years.

STAFF APPRECIATION

For the second year in a row, on Wednesday, June 7, all staff were recognized for their great work and dedicated efforts over the past year, with an appreciation lunch from the Woodstock Hospital Board of Trust. ■



HONOURING Retiring Employees



In her 20 years at the hospital as a Registered Dietitian and certified Diabetes Educator, Anne has enjoyed the professionalism of staff within her department and across the organization.

"I enjoyed assisting my diabetes clientele in achieving their diabetes and nutrition self-management goals over the years," she says.

Anne says she will miss her clients, colleagues and working at the Woodstock Hospital. After taking some time off to relax, she plans to travel to visit family and friends. She also plans to keep busy and active during her retirement with her favourite activities like curling, walking, skating, swimming, cycling, tennis and sewing.



Over an impressive 38-year career at Woodstock Hospital, Donna Armour spent 25 years in the Intensive Care Unit and six in the Emergency Department, as well as time in the PACU. She says gaining knowledge and helping patients regain their health has been the most rewarding.

"I will miss my coworkers and being part of a team," Donna says. "I'm looking forward to beach days, lunches with friends, camping and travelling – and of course not wearing a mask all day!"

Donna reflected on her time at Woodstock Hospital and said, sharing life experiences with colleagues over the years has created bonds like no other.



Ronalee (Ronnie) McCutchen has been building friendships and being a good listener in her role in the Housekeeping department at Woodstock Hospital for 35 years. Ronalee says she enjoyed listening to patients' stories as she performed her work efficiently in this busy healthcare environment.

"I will miss my coworkers who have become my friends over the years," Ronalee said. "I'll miss the patients too – you meet a lot of new people everyday."

In retirement, she looks forward to spending time with her new dog Charlie. She is looking forward to long walks and more time with family and friends.



Diane Murray is retiring from Woodstock Hospital after 38 years of nursing.

"The most rewarding time of my careers have been the past 17 years as the hospital Palliative Care Coordinator, in which I have had the privilege of supporting so many remarkable people on their life journeys," says Diane.

Diane will miss the friendships and wisdom of her colleagues. In retirement, Diane looks forward to spending more time with her beautiful grandchildren, outdoors in her garden, and more of everything life has to offer.



Michelle Kennedy is retiring after more than 34 years at Woodstock Hospital as a staff nurse on medicine units and Charge Nurse.

"What I enjoyed most about my job was the reward of advocating and caring for patients and also supporting and having the support of such an amazing team," Michelle says. "I was honoured and privileged to work throughout my career with the best interdisciplinary team."

Michelle will miss her work family and their hugs, but in retirement, she looks forward to her daughter's upcoming wedding, watching scary movies with her son, and travelling with her husband.

CELEBRATING National Nursing Week

From May 8th to 14th, Woodstock Hospital celebrated National Nursing Week, with the theme of 'Our Nurses, Our Future'.

Many activities were planned and held over the course of the week to celebrate nurses, their work and dedication, and their significant contributions to the great patient care at Woodstock Hospital. Team barbecues, treats and a novelty food truck, high tea for Woodstock Hospital nursing alumni, and the creation of a time capsule were all part of the week's festivities.

Another way the hospital observed the recognition week was through the annual Woodstock Hospital Nursing Awards. Once again, nursing staff were invited to recognize the efforts of their colleagues by nominating a fellow nurse for an award in each of the six categories represented by the hospital's corporate values: Compassion, Innovation, Resourcefulness, Collaboration, Leadership, and Ethics. Nominations were submitted with an example of how the candidate has demonstrated the particular value. To ensure an unbiased deliberation, winners were

selected by the hospital's Patient and Family Advisory Committee, after a review of all submissions.

"Nurses are integral members of our hospital teams," says Cindy Smart, Vice President of Patient Care and Chief Nursing Officer. "Heavily engaged with patients and families across the hospital and outpatient services, nurses provide the foundation for the excellent patient-centered care that our hospital provides." ■



Recipient of Nursing Achievement Award in the category of Compassion: Sarah Matheson (center), of the hospital's 2100 unit, with Director Sherry McKnight (left) and Michelle Pass.



Recipient of Nursing Achievement Award in the category of Innovation: Brittany Bender (left), of Diabetic Education, with Director Leanne Paton.



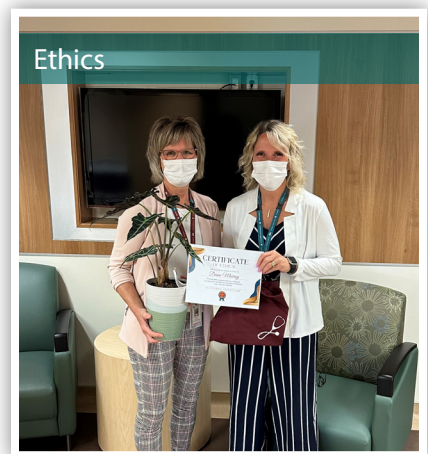
Recipient of Nursing Achievement Award in the category of Resourcefulness: Keavah Clancy (right), Registered Nurse in the CCU, with Director Brad Jooose.



Recipient of Nursing Achievement Award in the category of Collaboration: Darrell Stubbe (right), of the Mental Health Department, with Director Shelley-Lynne Muldoon.



Recipient of Nursing Achievement Award in the category of Leadership: Jordan Matheson of the Medicine Units.



Recipient of Nursing Achievement Award in the category of Ethics: Diane Murray (left), Palliative Care Coordinator, with CNO Cindy Smart.

PATIENT EXPERIENCE



When I arrived at Woodstock Hospital, my physical body was in bad shape and my mental health was at the lowest it had ever been. A couple years prior, I had lost my mother to lifelong addiction and I had begun a descent into a depression that it seemed I would never recover from.

A month before the first anniversary of my mom's passing, I went to bed and stayed there. I spent nearly eight months laying in the same position, I stopped caring for my physical body, wasn't taking my medicine for my high blood pressure or diabetes, and with each passing day, I fell further and further down into a hole of depression.

I developed a pressure wound/bed sore on the side of my foot that had opened up and I knew I needed help. The infection had spread all through my body, and I was admitted to Woodstock Hospital for two months. I was looking at a possible amputation, months of antibiotics, daily dressing changes and limited mobility—but the worst part, was the thought of the months to come alone in the hospital with nothing but my thoughts... how had I let myself get this bad? Why should I bother getting help? Was I even worth helping?

The day I was moved to the 2100 Unit at Woodstock Hospital was the day my life changed. Because of the support and care I received, I began to see my worth. When I began to see the significance of my life, it suddenly felt like it wasn't too late. With each passing day at Woodstock Hospital, my depression became easier to manage; it was easier to laugh and joke around, and I actually looked forward to waking up each day, talking about my experience—my trauma. Most importantly, I began setting goals and looked forward to my journey to accomplish them.

I would have never been able to start my journey without the care and support I have received from the staff at Woodstock Hospital. The nurses on the 2100 Unit were the best bunch I have ever met. Their willingness to listen, share and laugh made them feel like friends. Everyone else, from the food service workers, porters and cleaners, have also put the biggest smile in my heart—although the interactions were usually shorter, they played just as important roles in my story.

A very special staff from Recreational Therapy even took the time to listen to my story, and find me resources in the community that I otherwise wouldn't have known were available to me. Her care and concern for my life—inside of the hospital and out—has made the biggest impact on me. It has made me feel worthy, and not so alone in this big, scary world.

Although I'm still in the beginning stages of my recovery journey, I can see my goals now. I can see through the fog of the depression, trauma and hurt. I know that I am worth it and I can get there. To all of the doctors, nurses and support staff at Woodstock Hospital, thank you for your dedication and for being thoughtful and compassionate with every patient you see. There are not enough words to express my appreciation, or the level of inspiration I took home with me.

If I had not found myself at Woodstock Hospital, I hate to think of my outcome. I left the hospital with a smile and with confidence. I will never forget my experience at Woodstock Hospital, and the people there that went above and beyond for me. Their care saved my life in more ways than one.

Sincerely

Natasha R.

Looking to submit feedback? Reach out to a Woodstock Hospital Patient Experience Specialist today by emailing patientexperience@woodstockhospital.ca.

HEALTHCARE Behind the Scenes

The term “healthcare worker” is often associated with scrub-caps, surgical gowns, and the roles of direct care providers. However, there are many healthcare workers behind the scenes—though less recognizable—that play invaluable roles, crucial to the care and function at Woodstock Hospital. Meet a few of these healthcare workers “behind the scenes”!



Hi, my name’s Ryan and I’m a Project Manager in the Capital Projects department.

Our department is responsible for managing many of the hospital’s construction and maintenance projects. Capital Projects within the hospital is essentially taking feedback and innovative ideas from front line staff and patients, and turning them into reality. Every project we complete is part of a forward-looking plan that allows for sustainable growth as an organization and progresses the hospital’s technologies and energy conservation efforts to reflect the evolving needs of our community.

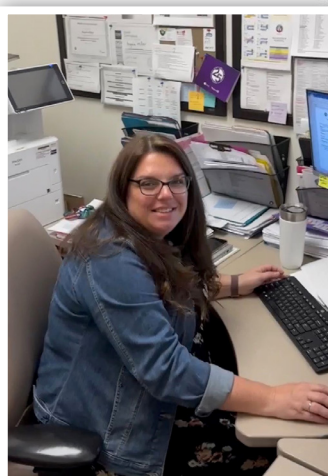
My role is to facilitate the implementation of various construction and maintenance projects and equipment installation, develop drawings, budgets, and schedules, while ensuring design compliance. My favourite part of this role is any project completion, when I am able to see the various hours of project planning finally fulfilled into a final product that will serve for the betterment of our patients, staff members, and community.



Hello, I’m Mary Ann and I work in the hospital Laboratory department.

Our staff ensure lab work is promptly, safely, and professionally obtained and handled. Each year, we are responsible for 960,000 lab tests; 23,000 inpatient collections; 4,000 outpatient collections; and approximately 100 autopsies. We also receive tissue samples collected during outpatient or surgical procedures to be processed microscopically in the Histology department.

We might interact with patients that come to the hospital through the Emergency Department. If they become surgical patients, we will see them again in the pre-admit stage, and then possibly in the surgery stage or during their inpatient stay when we collect blood from them. Sometimes, we even see them as outpatients when they come in for post-surgical bloodwork. The best part of my job is that I get to form a bond with patients and follow along with their journey, in person, and from behind the scenes.



Hello, I’m Angela, the Medical Staff Assistant at Woodstock Hospital.

I create and share educational opportunities with the physicians as well as coordinate the rotations for medical students and residents. I liaise between the physicians and the executive staff of the hospital and the community, as well as assist the new medical learners in the community with a view towards future recruitment. The impact of my role on our patients and community is the assistance I provide with physician schedules, making sure that the schedules are maintained and shared with all appropriate areas. I also work with community members to assist them in connecting with physicians through notification of new offices or providing contact information to community partners.

My favourite part of my role is working with physicians in creating education sessions, as well as coordinating the medical learners as they travel through the hospital on their journey to becoming physicians in our community.

EDUCATING

the Public on Diabetes and Nutrition

On April 20th, 2023, the Diabetes Education and Nutrition Program at Woodstock Hospital hosted a community event highlighting Diabetes Distress and Coping Strategies. The event featured 11 vendors with a special presentation from Woodstock Hospital Diabetes Education nurses, Andrea Vanroekel and Brittany Bender.

This year is the first time the event has been held since the COVID-19 pandemic. With nearly 60 community members in attendance, the Program looks forward to resuming an annual schedule for this event. ■



MENTORING

the Next Generation of Physicians

In May, select first-year medical students attended “Discovery Week” at Woodstock Hospital, shadowing physicians to better understand the provision of health care in rural hospitals. It is a unique learning experience that provides future physicians the opportunity to rotate through different areas of the hospital, shadowing different physicians specializing in a range of clinical expertise.

Not only is it a great learning opportunity for students, but it is an important hospital and community investment to be able to showcase for future physicians the impressive facility and faculty of Woodstock Hospital. ■



SUPPORTING

the Local Foodbank

On June 1st, 2023, seven members of the Woodstock Hospital Management Group participated in the United Way Day of Caring, spending the day working at the local Salvation Army Foodbank. For 17 years, the Day of Caring event has brought together dedicated teams from various workplaces to volunteer and celebrate community.

“This hands-on project allowed our hospital to show some local love, while engaging staff to participate, and remind all of the importance and need of food donations,” says Jennifer Lynch, Director of Strategic Planning, Community Engagement and Patient Experience Lead. ■



WORKING

with Community Partners

The Police Hospital Transition Agreement, signed by partners on November 24th, 2021, has had positive impact, improving communication and coordination among hospitals and police services in Oxford County. Standardized processes have led to smoother transitions for patients apprehended by police under the Mental Health Act that require assessment in hospital emergency departments. The agreement established a common approach to communication between police and hospital staff, ensuring safe and effective decision making. The agreement has already resulted in a decrease in police officer wait times in hospital emergency departments allowing for more efficient use of police resources. ■



Partners include Woodstock Hospital, Woodstock Police, the Oxford OPP Detachment, Tillsonburg District Memorial Hospital, and Alexandra Hospital Ingersoll; extending to key stakeholders such as paramedics, mental health and addiction agencies, and peer/family supports.

QUALITY

Improvement Information Sharing

On June 8th, 2023, Woodstock Hospital hosted a Quality Management Information Sharing Session with Oxford and Area Ontario Health Team (OHT) partners. As well as presentations on Team Engagement and Communication Framework, Executive Reporting, Patient Experience Interviews, and Quality Scorecards, the FLIP (Front Line Improving Performance) team presented on their role in the organization and their recent and exciting quality initiatives. The attendees participated in the hospital's current huddle processes on inpatient medical units, in the Health Records department, and new safety huddles with the Staff Development Department. ■



STRATEGIC PLAN: Year-End Update

In 2019, Woodstock Hospital brought together many voices and perspectives—from patients and families, staff and community members—to develop the hospital's Strategic Plan for 2020-2025. Each fiscal year, a new Tactical Plan is created to chart each exciting initiative that the hospital plans to implement within that year. The yearly Tactical Plan demonstrates Woodstock Hospital's accountability and the actions it promises to take in order to maintain the achieve of the overall Strategic Plan.

As a team, Woodstock Hospital had a successful 2022/2023 year by implementing many quality, patient-centred care initiatives. The hospital finished the fiscal year with 95% of the year's tactical initiatives either implemented or on track. Tactical initiatives that have not been completed from the 2022/2023 fiscal year are carried forward to the

new Tactical Plan for 2023/2024.

“With many initiatives already underway, we will continue to demonstrate commitment to our patients, their families/caregivers, and our community as we make steady progress toward our goals,” says Director of Strategic Planning, Community Engagement and Patient Experience Lead, Jennifer Lynch.

Teams at the hospital are excited about the new Tactical Plan for the coming year, which encompasses 82 initiatives, each fitting into one of the four identified Woodstock Hospital Strategic Pillars (Caring, Empowering, Growing and Connecting), and in alignment with the hospital's mission, vision and values. ■



Caring



Empowering



Growing



Connecting



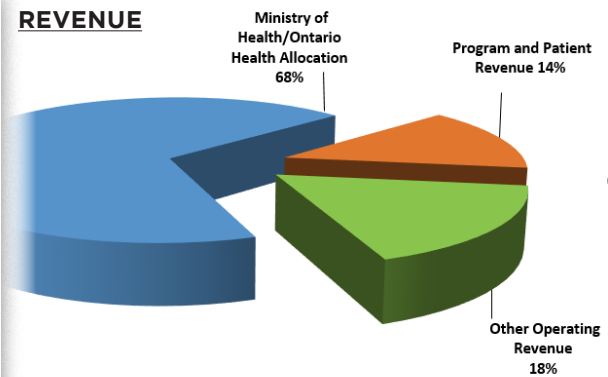
	2022/2023	2021/2022
REVENUE		
Ministry of Health/LHIN Allocation	\$ 113,629,533	108,066,758
Program and Patient Revenue	22,995,536	21,809,903
Other Operating Revenue	28,367,285	28,385,336
	164,992,174	158,261,997
EXPENDITURES		
Salaries, Wages and Benefits	\$ 89,803,305	84,210,110
Supplies and Other Operating Expenses	36,121,663	33,008,111
Drugs, Medical and Surgical Supplies	14,982,165	12,639,508
Equipment and Building Amortization	7,949,833	8,486,748
Long Term Building Expense	10,169,035	9,735,816
	159,026,001	148,080,293
EXCESS OF REVENUE OVER EXPENSES	\$ 5,966,173	10,181,704

Audited reports are available by contacting the Finance Department at (519) 421-4227.

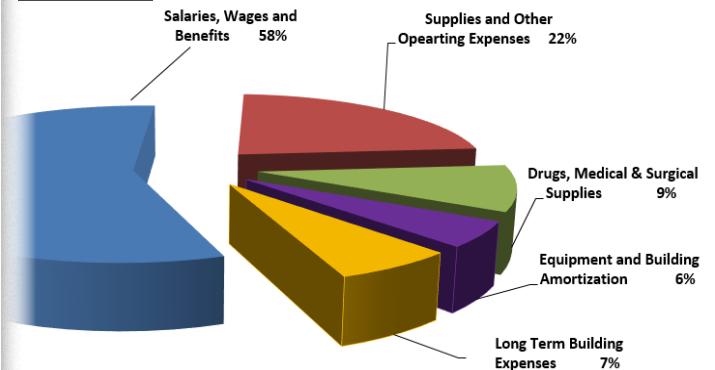
STATISTICS

	2022/23	2021/22
Surgical Procedures	9,925	8,121
Admissions	6,753	7,076
Patient Days	56,092	50,571
Births	1,113	1,138
Emergency Visits	49,510	44,558
Chemotherapy	2,954	2,903
MRI Exams	6,895	6,714
Renal Dialysis Treatments	4,724	4,865
Total Hip/Knee Replacements	561	334
Outpatient Mental Health	22,083	21,636
Cataracts	1,203	984

REVENUE



EXPENSES





WOODSTOCK HOSPITAL

2022/23
BOARD OF TRUST
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REPORT to the Community



Beth Taylor,
Woodstock Hospital
Board of Trust, Chair

It has been an honour to serve as Chair of the Board of Trust for Woodstock Hospital over the past two years. My time as Chair has given me an even greater understanding of the complexities of the organization, as well as deeper respect and gratitude for the work that takes place in our hospital. I would like to thank the members of the Board, the hospital senior management team, and all staff members who have made the past two years so enjoyable.

Despite a pandemic, RSV and a busy flu season, our staff continue to offer compassionate care while honouring the growing diversity of the community they serve. Staff are always looking for ways to be more efficient and innovative to meet the needs of our patients and their families. I applaud them for being able to do the work they do with such great caring and professionalism.

As our community's population continues to grow, so does the need for health care. Though we are lucky to have such a new, state of the art hospital facility here in Woodstock, like many other institutions across the province, we have faced challenges related to capacity. To address the increasing need for space, the hospital has purchased the new medical building across the street on Athlone

Avenue. This space will allow some services to be conveniently relocated, helping to alleviate the pressures in the main building. Consultation with staff and Patient and Family Advisors has begun, and planning for of the new space is underway. Additionally, the Patient and Family Advisors were also consulted on the redesign of the Chemotherapy unit, where construction will soon be starting.

As well, earlier this year, the Board hired an Assistant Chief of Staff. This new team member will help maintain the workload balance and enable succession planning.

As we continue to add services such as a Paediatrics clinic and a Chest Pain clinic, Woodstock Hospital is always looking for ways to better serve our community. A heartfelt thanks to everyone in the Woodstock Hospital family.

And finally, many thanks to the community for the support you continue to give the hospital. I know the staff work hard every day to maintain your trust and support. ■



THE DAIRY CAPITAL

WALK & RUN

2023 IN PERSON EVENT
RAISED \$23,000

Saturday, May 27 marked the 27th year of the Woodstock Hospital Foundation's Annual Dairy Capital Run. For the first time since before the pandemic, instead of being remote/virtual, this year's run was a live event! Though for several years pre-pandemic, Southside Park was home for the run, this year, the event was hosted at Discovery Farm Woodstock, with new terrain that included both grass and gravel. With an outstanding 400

participants, the event was an incredible success, raising over \$23,000 to support the purchase of a Portable Ventilator for the hospital's Cardiorespiratory department.

While participants had the option to choose from the 5 KM, 2 KM, or Lil' Hooper Run, other fun activities at the event included face painting, a costume contest, ice cream truck, and more.

"On behalf of the Foundation, we want to thank the community, our eager participants, generous sponsors, and all who helped raise the funds that will support bringing this life-saving technology to our hospital," says Jocelyn Jenner, Senior Development Officer of the Woodstock Hospital Foundation. ■



SPECIAL THANK YOU TO OUR GENEROUS SPONSORS:





THANK YOU

for a Successful Golf Tournament

On June 14th, the Foundation's Charity Golf Tournament returned to Craigowan Golf Club to raise funds for a Robotic Floor Scrubber for the Housekeeping department. Thank you to all the participants, sponsors, and volunteers who helped make the 24th Charity Golf Tournament a success, raising a total of \$XX,XXX! Special thanks to our Title Sponsors: CIBC Wood Gundy and The Lowes Family. ■



Woodstock Hospital
FOUNDATION
 Charity Golf Tournament

THE
Lowes
 FAMILY



CIBC
 Wood Gundy



XXX team, winners of the 2023 David Lowes Memorial Trophy: (LtoR) _____



XXX team, winners the 2023 Graham F. Lowes Memorial Trophy: (LtoR) _____

MESSAGE from the Woodstock Hospital Foundation



Jocelyn Jenner,
Senior Development Officer

about the 50/50 Raffle and to purchase tickets please visit woodstock5050.ca.

Summer is underway and that means so is the Woodstock Hospital Foundation's Sizzling Summer promotions for our online 50/50 Raffle. We are excited to have some special offers for the summer months including some great Early Bird prizes, and extra chances to win! To learn more

Thank you to the eager participants and the generous sponsors of our 27th annual Dairy Capital Run. I invite you to learn more about this year's event on page 12.

On behalf of the Woodstock Hospital Foundation, I would like to thank all our sponsors, donors, and event participants for continuously supporting our fundraising initiatives. Your support truly makes a difference in our community, making sure the skilled teams at Woodstock Hospital have the equipment and technology they need to provide the best patient care possible. Thank you. ■



Things are heating up for the Woodstock Hospital Foundation's Online 50/50 Raffle!

To help support the hospital and for your chance to win, visit:

woodstock5050.ca

(license No. RAF1250726).

Special thank-you to our sponsors:



THANK YOU

The Foundation is grateful to have received a commitment of \$10,000 per year over the next three years from Royal Bank of Canada (RBC) to support continuing education for staff. Thanks to RBC, staff in relevant departments will receive Pediatric Advanced Life Support (PALS) Training.

"As we expand our pediatric program we need to equip our front line staff with the tools they need to care for this patient population," says Cindy Smart, Chief Nursing Officer at Woodstock Hospital. "Utilizing the generous grant from RBC will greatly assist the ability of Woodstock Hospital to offer PALS certification for nurses working in the areas of greatest need. Frontline staff are excited and eager to receive this valuable in-class and hands on training."

This is the fifth consecutive year that RBC has invested in educational opportunities for the staff of Woodstock Hospital. A huge thank-you to RBC for this generous commitment! ■



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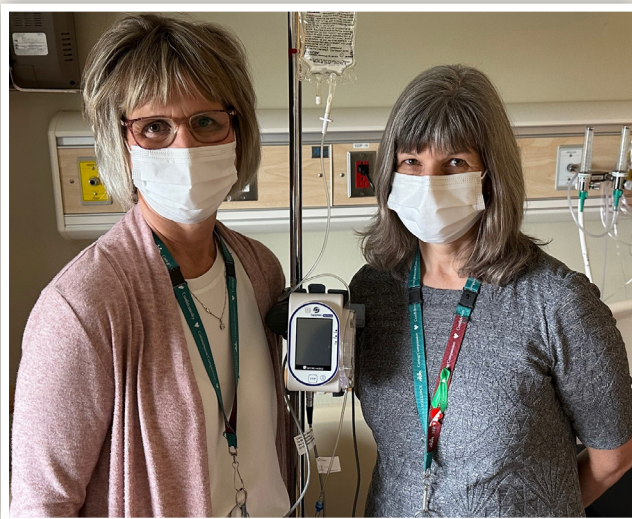
Lifeline

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To you this Summer Season...

My name is Leslie Slabon, Director of Surgical Services at Woodstock Hospital. On a daily basis I see the impact that new, state-of-the-art equipment has on our patients.

Effective pain management is critical to the well-being of all our patients and our fleet of Patient Controlled Analgesia (PCA) pumps have reached the point where they must be replaced. PCA pumps allow patients to self-administer doses of pain medication as they need it. Currently, the PCA pumps are used for our palliative and surgical patients and our Patient Controlled Epidural Analgesia (PCEA) pumps are used for labouring mothers.



Leslie Slabon (right), Director of Surgical Services, pictured with a current PCA Pump and Diane Murrery, Palliative Care Coordinator.

Hospitals have been using PCA pumps in pain management for more than 30 years and the benefits are well-documented. Programmed to deliver pain medication at safe intervals, pain relief is available around the clock and is more consistently regulated with PCA pumps. This is critical to patient comfort, their sense of control, and a more compassionate experience. Patients who self-administer their pain medication often get out of bed and begin moving sooner, helping promote circulation, healing and recovery.

This spring we need your help to purchase 24 new PCA Pumps. At a cost of \$3,600 each, the Woodstock Hospital needs your support to raise \$86,000. Your contributions will ensure our palliative, post-surgical and labouring mothers have access to safe, effective self-administered pain management.

I am asking you to make a donation today to fund new PCA pumps for our Hospital. Your generous donations allow us to provide healthcare excellence, with empathy, to Woodstock Hospital's patients.

Thank you for helping us, help our patients.

Director of Surgical Services,
Woodstock Hospital

I want to support Woodstock Hospital!



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CITY:

POSTAL CODE:

HOME PHONE:

E-MAIL ADDRESS:

DONATION
AMOUNT:

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CREDIT CARD

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CARD NUMBER:

EXPIRY:

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Please mail to: Woodstock Hospital Foundation
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