

# YOUR GUIDE TO WOODSTOCK HOSPITAL

## YOUR FIRST VISIT

### Welcome to Woodstock Hospital

The Medical Oncology Clinic is located on the lower level of the hospital. Now that you have checked in for your first visit, a clerk will kindly ask you to complete a short survey at one of the Symptom Screening kiosks.



### Your Appointment

You may meet with several members of your health care team during your visit, like your Doctor and Nurse. *This can take some time and your total time in the centre may be longer than your actual appointment. Thank you for your patience.*

### While you Wait

Free wi-fi is available on “WGH-Guest” if you would like to access the internet with your mobile device.

### Bloodwork

Your doctor may order bloodwork or a urine sample. You will have this done right in the clinic. Your healthcare team may need these results before your appointment. *This could add to your time spent waiting for your appointment.*



### Parking

When visiting Woodstock Hospital you will park in the Main Lot. You can pay by credit card or coin at the gate. The cost of parking is a \$4.00 flat fee.

### My Care Guide

The My Care Guide will help answer many of your questions about your cancer care. You will find information on:

- Counselling
- When to call for help
- Understanding your diagnosis
- Financial support
- Side effects
- Drug therapy
- Radiation therapy
- Nutrition and healthy living
- Community support
- After treatment

To access the guide, please visit [www.lhsc.on.ca/lrcp](http://www.lhsc.on.ca/lrcp). If you do not have access to the internet or a mobile device, talk to your healthcare provider.

# AFTER YOUR FIRST VISIT

During your clinic visit, you will receive a “Clinic Appointment” information sheet that will tell you about:



- Who your healthcare providers are
- What your chart number is
- Who to call for help (LRCP telephone triage nursing and CAREChart@home after-hours nursing line)
- What you need to know for your follow-up visit
- Where you can go for more information

Please make sure that you receive this information sheet from your nurse before leaving the centre.

## RESOURCES

### Managing your Symptoms

Please visit a kiosk to complete your symptom screen at each visit. This will help your health care team better manage your symptoms. More information on how to manage your symptoms at home is available from your care team.

### Resources at London Regional Cancer Program (LRCP)

See the My Care Guide for more information about who to call for support at the cancer centre.

- Drug Access Facilitator (519-685-8600 ext. 54519)
- Indigenous Patient Navigator (519-685-8600 ext. 75471)
- Supportive Care (Social Work, Dietitian, Financial Assistance) (519-685-8608; your health care provider can refer you or you can call to book an appointment yourself)
- Telephone Triage Nursing (TTN) line (519-685-8600; press ‘1’ for patient then ‘3’ to speak to a nurse)
- CAREChart@home after-hours nursing line (1-866-681-3057)



### Community Resources

Some people choose to access resources and support in their community. Check out some of the resources available through the organizations listed below:



- Wellspring (519-438-7379 or <https://wellspring.ca/london-region/>)
- Wheels of Hope - volunteer drivers (1-800-263-6750)
- CancerChatCanada (<https://cancerchat.desouzainstitute.com/about>)
- Canadian Cancer Information Service (1-888-939-3333 or e-mail [info@cis.cancer.ca](mailto:info@cis.cancer.ca))
- Canadian Cancer Society Oxford County community office (519-537-5592)

**My LRCP chart number is:** \_\_\_\_\_