



WOODSTOCK HOSPITAL
Woodstock, ON

PRE-OPERATIVE PATIENT INFORMATION AND AGREEMENT

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PIN NUMBER

VISIT NUMBER

PATIENT LAST NAME

PATIENT 1ST NAME

PATIENT MIDDLE NAME

TELEPHONE

DOB MMM DD YYYY

AGE

SEX

ONT HEALTH CARD NUMBER

FAMILY PHYSICIAN

1. I agree to the following:

- I will **NOT** eat anything or chew gum 8 hours before arrival to the hospital. If I do, my surgery will be cancelled
- I can drink **WATER ONLY** up to 3 hours before arriving to the hospital
- I can brush my teeth
- I will **NOT** use any recreational drugs for 1 week before my surgery

If this is not followed, my surgery will be cancelled

Exceptions:

- 1) Breast milk may be given until 4 hours before surgery
- 2) Infant formula may be given until 6 hours before surgery

2. I agree to only take medications that I have been instructed to take by the Pre-admission Nurse or Anaesthetist
3. I agree to avoid driving, operating machines or power tools, do dangerous activities, make legal or financial decisions for 24 hours after surgery
4. I agree to arrange for a responsible person take me home
5. I am aware that if complications arise, I may be admitted to hospital
6. I will contact my doctor or proceed to the nearest Emergency Department if any problems occur after discharge from hospital

I have read these instructions or have had them explained to me. I understand and agree with them.

Signature of Patient or Substitute Decision Maker: _____

Nurse Signature: _____

Date: _____ Time: _____
(mmm, dd, yyyy)



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- You must call the hospital at **519-421-4220** on _____ between the hours of **1:00 pm and 3:00 pm** to find out the time you have to arrive at the hospital on the day of your surgery
 - **DO NOT eat anything or chew gum 8 hours before your arrival to the hospital. If you do, your surgery will be cancelled**
 - **You can drink WATER ONLY up to 3 hours before arrival to the hospital**
 - **You can brush your teeth**
- If this is not followed your surgery will be cancelled**

Exceptions:

- Breast milk may be given until 4 hours before surgery
- Infant formula may be given until 6 hours before surgery

BEFORE COMING TO THE HOSPITAL

- **DO NOT smoke the morning of surgery.** Please discuss with anaethetist if applicable
- **DO NOT use any recreational drugs for 1 week before your surgery**
- **Stop all herbal medications 1 week prior to surgery**
- Please notify your surgeon if your health changes (ie cold, flu, etc)
- **REMOVE ALL JEWELLERY (EARRINGS, NECK CHAINS, RINGS, BODY PIERCING, ETC)**
******NO EXCEPTIONS******
- Remove all nail polish nails from fingers and toes
- Take a shower or tub bath prior to surgery. **DO NOT** use lotions or creams. You may use deodorant
- Wear loose fitting clothing and flat shoes
- Wear your hearing aids and glasses (not contact lenses)
- **WOODSTOCK HOSPITAL IS A FRAGRANCE FREE ENVIRONMENT. PLEASE DO NOT WEAR OR USE ANY SCENTED PRODUCTS PRIOR TO YOUR HOSPITAL VISIT**
- Leave all valuables and monies at home
- Bring CPAP machine if using at home. Patients with sleep apnea stay approximately 6 hours in Daycare after your surgery for observation
- Female patients: please notify nurse if you think you may be pregnant



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THE DAY OF YOUR SURGERY

The morning of surgery, take the following medications with a sip of water:

- Bring all medication in their original containers, including prescription and over the counter drugs
- If you have seen your doctor since your pre-admit clinic appointment, and medication changes were made, please inform nursing staff on your day of surgery so your list can be updated
- Bring your health card and medical insurance information
- ***We must have 2 phone numbers where we can reach you for up to 24 hours prior to your surgery in case of a time change. Please remember to leave these 2 numbers when you register with Patient Registration.** It is important that you are punctual so that any preparations may be made before your surgery. If you are late, your surgery may be canceled. If you are unable to keep your appointment, please notify your surgeon and the hospital at **519-421-4220** as soon as possible
- **NOTE:** If you are staying overnight in the hospital, have family bring personal items and toiletries in after the surgery to your room. A parent may stay with a child overnight
- **On your day of surgery, please report to Patient Registration on the main level.**
Once registered, you will be directed to the Day Surgery unit on the second level. The waiting area is at the top of the second level staircase or just as you get off elevators 1 and 2. Please wait here until the Day Surgery nurse calls your name and then proceed into the unit for admission. Any visitors will remain in the waiting area, unless otherwise directed. If you are waiting more than 15-20 minutes, please pick up the black phone which rings into Daycare to make the nurses aware
- **You WILL need someone to drive you home. THIS IS MANDATORY**

Please refer any questions to Day Surgery at 519-421-4233, Ext 2309.

****PLEASE DO NOT THROW OUT THIS SHEET UNTIL AFTER YOUR SURGERY ****



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Surgery at Woodstock Hospital

You have visited a surgeon and the decision has been made to proceed with surgery.

The following will provide you with an overview of your pre and post operative hospital experience:

- Your surgical day will be booked either as a "daysurgery" (which means you will have your surgery and go home the same day) or as a "sameday" (which means you will be admitted to the hospital following your surgery)
- The surgeon may want you to have consultation appointments with other specialists such as an anaesthetists or internal medicine. If consultations have been requested, you will be notified by phone of these appointment dates and times

Day of Surgery

- On the day of the surgery, you will register at Patient Registration which is located inside the front door of the hospital. Please bring your OHIP card and any other insurance coverage papers with you. Please review visitors guidelines for pandemics on hospital website
- All patients are asked to **bring all their medications** with them in the originally dispensed containers. Remember to take medications the morning of surgery only as instructed by the preadmission nurse or anaesthetist
- The registration clerk will direct you to the surgical area on the second floor. A nurse will come out and call your name. If you have papers regarding your history and physical, or your consent, please give them to the nurse
- For those of you who are having your family or friend return later, please leave a phone number with the nurse where they can be reached if necessary
- You will be asked to remove all clothing and put on a hospital gown which does up at the back. If you feel you can not do so for some reason, please speak with the nurse. You will be provided with disposable slippers and hat that covers your head
- The surgical team will guide you through the day. Your nurse will introduce herself and prepare you for your surgery as the doctors have directed. Your chart will be reviewed by the nurse to make sure all the proper tests are completed, the medication list is up to date, and all the papers are filled out properly by everyone involved (if further tests are needed at this time you will be informed)
- The majority of patients will have an intravenous solution started prior to surgery. This is to ensure proper fluid replacement and may be used to give your medication before surgery as ordered by the doctor or anaesthetist. Your blood pressure, pulse, temperature and oxygen level will be recorded. A warm blanket will be given to you so you will be comfortable in the recliner chair while you wait to go for your surgery



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Day of Surgery Continued

- There is a waiting time from the time you arrive to the hospital until you go for your surgery so you may want to bring a book or magazine with you
- As time approaches for your surgery, an operating nurse will visit you to confirm information about your surgery. This nurse will do the final check on your chart and answer any questions or concerns
- The anaesthetist will speak with you either in the Daysurgery unit or in the operating room regarding any other concerns or questions
- Before surgery begins, the operating team will do a "surgical check off list". This means everyone in the room will stop what they are doing to listen and confirm with the doctor your name and type of surgery you are having. The surgical procedure is then performed
- After surgery you will go to the recovery room ("PACU") where you will be closely monitored. An automatic blood pressure cuff is left on your arm to record your blood pressure every 15 minutes. A clip will be placed on your finger and will record your oxygen level. The nurse will assess your pain level by asking you to state your pain level on a scale from one to ten. Pain control medication and other medications are administered as required

In the Day Surgery unit

- You will be monitored until the time of discharge. Monitoring and care is based on each patient's individual needs
- The nurse is there to help you if you require assistance when getting ready to go home
- When you are ready to go home, the person you have named as your responsible driver will receive a call to pick you up. A time is set for the family or friend to return to Daycare and receive discharge instructions with you. Instructions are given to you and your family regarding your wound, prescription and continuing care. Your surgical day at Woodstock Hospital is now complete. Prescriptions can be filled at Woodstock Hospital's onsite pharmacy on the main level (Pharmasave) or at a pharmacy of your choice

Sameday Patients

- Patients staying in the hospital will now be cared for by the nurses on the surgical unit. Your family member will be given a room number either by the communication board or nurse
- Your nurse will check your wound, maintain pain control and make sure you are continuing to recover as is expected for the surgery you have had. Postoperative orders are carried out as your surgeon has requested. Your surgeon will advise you when you will be getting discharged



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Recovering at Home

Your recovery time will continue at home. Please consider the following when going home:

- Arrange for family and child care needs
- You may have lifting restrictions
- You will need additional rest at home
- It is not unusual to be sent home with stitches or staples in place. You need to confirm that arrangements have been made to have them removed following discharge. Please check with surgeon regarding appointment
- Your surgeon will discuss medications for discharge