



Woodstock Hospital

NEWSLETTER

WINTER
2020



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OUR NEXT CHAPTER

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PAGE 8 & 9



MESSAGE from the President & CEO



Perry Lang
President & CEO

November 20, 2020 marks the ninth year in our new hospital. Our programs and services continue to grow and change to meet the needs of the community now and in the future.

As indicated on the cover, we have unveiled the hospital's new five-year Strategic Plan. To

develop this plan, we engaged and sought input from the people we serve, our community partners, and hospital staff, physicians, and volunteers. We hope that you feel the plan presents a positive way forward together. I invite you to learn more on pages 8 and 9 of this newsletter.

We have been busy preparing for an upcoming evaluation of our hospital by Accreditation Canada. This voluntary peer review process will rate the quality of Woodstock Hospital services against a set of national hospital standards. Our peer reviewers will be coming to the hospital in December to speak to staff and visit various departments. You can learn more about the accreditation process on page 4.

As we began to reintroduce priority surgeries and procedures that were paused due to the COVID-19 pandemic, we moved to virtual pre-operative assessments. Learn more about how virtual assessments are beneficial for both the patient and our surgical team on page 3.

On page 6, we highlight our Pandemic Response Workers. One of the main responsibilities of Pandemic Response Workers is to screen patients and visitors coming into the main entrance, and to ensure COVID-19 protocols are being adhered to. I want to thank all of our staff and physicians for their dedication, resiliency, and professionalism throughout the COVID-19 pandemic.

This month, the Woodstock Hospital Foundation launched a new and exciting fundraising initiative. The Foundation's online 50/50 raffle is underway, with a new raffle happening each month. Information regarding how you can purchase your online tickets can be found on the back of this newsletter.

Thank you for your continued support of the hospital. I wish you and your loved ones a safe and happy holiday season. ■



WOODSTOCK HOSPITAL

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GO ONLINE FOR HOSPITAL NEWS AND INFORMATION

You can get instant news and information from WH's Twitter and Facebook page. See exclusive hospital posts that include photos, links and valuable information.

Woodstock Hospital newsletters are always available online. Past publications, dating back to 2016, can be viewed electronically at www.wgh.on.ca.

If you would prefer to have newsletters emailed to you, or know someone who would, please notify us by sending a quick message to info@wgh.on.ca. New editions of the newsletter can be easily emailed to anyone!

We want to make sure you're connected with Woodstock Hospital. Share your experiences and interact with us - it's a great way to ensure we're doing the best job possible for our community!



Woodstock Hospital



Woodstock Hospital



@WdskHospital





VIRTUAL Pre-Operative Assessments

Registered Practical Nurse Jennifer Vanrooyen demonstrates a virtual pre-op assessment with Community Development Assistant Rebecca Farrell.

We all have a part to play in slowing the spread of COVID-19. Since the onset of the pandemic, our teams have been working hard to adapt programs and services to enhance patient and staff safety. In Surgical Services, we have moved to virtual pre-operative assessments rather than in-person assessments, to help minimize the number of people that are coming in and out of the hospital.

“Pre-operative assessments help prepare the patient and surgical team for the upcoming surgery or procedure,” said Janice Koekebakker, Director of Surgical Services at Woodstock Hospital. “During a pre-operative assessment, a nurse will ask the patient about their health history, medications, family health history, and other pertinent information.”

The pre-operative assessment also gives the medical team an opportunity to determine possible complications that may arise during the anesthetic, surgical, or post-operative period. An anesthesiologist will also discuss anesthetic options with the patient.

“Prior to COVID-19, our Pre-Admission Clinic was conducting some pre-operative assessments over the phone, but we also had a number of in-person assessments,” explained Janice. “The COVID-19 pandemic has hastened the implementation of virtual assessments.”

Janice said that she has received positive feedback from both patients and staff.

“For a number of patients, virtual assessments are very convenient. They eliminate travel time or time off work to be at the hospital for the assessment.”

While virtual assessments are convenient, they also enhance safety during the COVID-19 pandemic. As an example, during the virtual assessment the medical team has an opportunity to evaluate if the patient is exhibiting signs or symptoms of COVID-19 before coming into the hospital. Also, it eliminates unnecessary visits to the hospital which is important for patients with pre-existing medical conditions that may place them at higher risk for COVID-19.

To set up the virtual assessment, the Registration Department will email patients the date, time and link to their assessment. If a patient does not have the ability to connect via video or if they are a complex surgical patient, they will receive an extensive consult over the phone. Depending on the circumstance, the patient may also be required to come in earlier on the day of their surgery to meet with an anesthesiologist.

“I believe that virtual assessments will continue long after the COVID-19 pandemic is over,” said Janice. “We understand that it might not be right for everyone, but it is beneficial for people that have to travel to get to the hospital and people that have mobility or transportation issues.”

As an additional precaution due to COVID-19, surgical patients are also booked for a COVID-19 swab 48-72 hours prior to their surgery or procedure. They must self-isolate after completing the test, leading up to their surgery.

Patient safety has always been a top priority at Woodstock Hospital. Our entire team is working diligently to ensure that we are continuing to provide high quality, patient-centred care, in the uncertain times we find ourselves. ■

PREPARING for Accreditation



Kelly Verhoeve, Manager of Professional Development and Accreditation Coordinator, meets with staff to prepare for the upcoming evaluation.

Staff at Woodstock Hospital are busy preparing for our next accreditation. Accreditation is an extensive voluntary peer review process which studies and rates the quality of our services against a set of national hospital standards. Accreditation validates our effective methods and is an important opportunity to reflect on our performance.

Trained surveyors will be visiting Woodstock Hospital December 7, 8, and 9. They will be meeting with a number of departments and staff to evaluate processes,

policies and procedures. For this year's accreditation, we had the opportunity to include a patient surveyor as a part of the accreditation process. We welcomed this opportunity, as patients' lived experiences allow them to detect strengths and weaknesses in the delivery and accessibility of our programs and services.

To prepare for the upcoming evaluation, we have 15 quality teams meeting regularly to review standards and accreditation guidelines. We have also undertaken a number of projects and initiatives that we feel will assist in a successful accreditation. As an example, the hospital is currently in Phase 1 of the OneChart project, where we are expanding the use of electronic documentation in our efforts to move to a fully integrated electronic documentation platform. An electronic platform will provide healthcare professionals with accurate, timely patient information and improve patient outcomes.

In 2016, Woodstock Hospital was accredited with Exemplary Standing and we look forward to another successful evaluation.

Accreditation is one of the best assurances we can give to our patients and community that Woodstock Hospital is meeting or exceeding quality standards and patient safety, every day in every way. ■

INFLUENZA and the Importance of Flu Shots

The arrival of flu season brings with it a completely new set of concerns, as it is coupled with the COVID-19 pandemic. While influenza and COVID-19 are two separate viruses, if an individual requires hospitalization for either of these viruses, the healthcare system will start facing capacity challenges.

Anyone six months of age and older can get the flu shot and it is recommended especially for:

- Seniors, pregnant women and children;
- People with health problems;
- Anyone who takes care of children, the elderly or people with health problems.



Getting a flu shot this year may also reduce unnecessary visits to Assessment Centres for COVID-19 testing, as symptoms of both illnesses are similar.

Along with the flu shot, there are other precautions you can take during cold and flu season. This includes: staying home when you are sick, covering your cough or sneeze with a tissue or your upper arm, not touching your face, frequent hand washing, and cleaning high touch surfaces often. For more information, visit [Ontario.ca/page/flu-facts](https://www.ontario.ca/page/flu-facts). ■

OXFORD and Area Ontario Health Team Update

The proposed Oxford and Area Ontario Health Team (OHT) submitted a full application to the Ministry of Health in September.

Ontario Health Teams are a new way of organizing and delivering care, so that patients can more easily navigate the healthcare system. OHTs bring together all healthcare providers (hospitals, primary care, and home and community care) to work as one coordinated team.

If you are a patient, you will still access care the same way you always have. Once OHTs are fully underway, the only difference you should notice is that you are better supported as you move from one healthcare provider or setting to another. Behind the scenes, providers will be working together in a new way as one team. Woodstock Hospital is proud to be a part of this team.

The full application included details about how the Oxford and Area OHT plans to improve care for three priority populations. They are:

1. People with multiple chronic conditions.
2. People with palliative care needs.
3. People experiencing challenges related to mental health and addictions.

The Oxford and Area OHT has selected these priority populations based on data that showed a need to better integrate care for an aging population and those navigating mental health supports. The Oxford and Area OHT will focus on these three populations before expanding this care model to the entire region.

To learn more about the Oxford and Area OHT, and stay informed on the latest updates please visit www.oxfordandareaohht.com. ■

GREEN Initiatives

When undertaking a new project or initiative, staff at Woodstock Hospital keep environmental sustainability top of mind.

In late summer, the hospital began a parking lot expansion project to create approximately 90 additional staff parking spaces beside the Medical Professional Building on Athlone Avenue. For this project, we invested in a rain garden and created a large naturalized area with native indigenous plants to promote good ecology for wildlife and flowers for pollinators.

This past fiscal year, the Board of Trust approved using a portion of savings from the recently completed Combined Heat and Power (CHP) Cogeneration Plant, to install rooftop solar panels on the Medical Professional Building. This project will produce 135kW of solar power, which is an electricity cost savings of approximately \$25,000 per year.

Looking ahead, we hope to continue to increase our solar generation capacity and increase our waste diversion,

with a goal of diverting 50% of all our waste from the landfill by 2025.

These green initiatives are possible because of the passion of our staff, the support from our Board of Directors and Senior Team, along with guidance and direction from members of the hospital's Environmental Advisory Committee. ■



Aerial photo of solar panels on the Medical Professional Building off of Athlone Avenue.

PANDEMIC Response Workers



(LtoR) Pandemic Response Workers Taylor Birch and Shannon Roberts at the screening desk in the main lobby.

If you have recently come to the hospital for an appointment, treatment, or visit, you have been screened by one of our Pandemic Response Workers. Pandemic Response Workers keep the hospital safe, by ensuring everyone entering the hospital is screened for COVID-19, adhering to protocols, performing hand hygiene, and wearing a mask upon entry.

Pandemic Response Worker, Shannon Roberts, applied for the position because she wanted to help the community get through these uncertain times.

“There are a lot of front line workers in my family,” she explained. “I am so proud of the important role they have played throughout the pandemic and I wanted to help navigate the community through this challenging time too.”

There is no typical day for Pandemic Response Workers. New situations can arise at any moment and COVID-19 protocols are constantly changing based on recommendations from health officials and the prevalence of COVID-19 in the community.

Along with screening patients and visitors, Shannon is also busy directing people to the appropriate area, maintaining visitor logs, calling for porters and communicating with various departments.

“It is a fast-paced job. Contractors, patients, visitors, and first responders, all pass through the screening desk at any given time,” said Shannon. “Day surgeries, diagnostic appointments, clinics, and outpatient services bring a wide array of people to the hospital, and in the afternoon we also have visitors for inpatients.”

Pandemic Response Workers are generally the first person the patient or family member interacts with at the hospital. Shannon ensures she is always empathetic and kind, as she understands that many coming to the hospital are feeling overwhelmed and unwell.

“Our job is to ensure everyone is safe and we are doing that to the best of our abilities. We appreciate smiles and kindness at the screening desk as much as possible.”

Patients and visitors are encouraged to give themselves extra time before their appointment or visit to complete the screening process. Shannon added that overall, working as a Pandemic Response Worker has been very gratifying.

“It is rewarding when you know you have helped create a positive experience for patients and their families. I also have a great team of coworkers which makes it a nice work environment.”

Woodstock Hospital would like to thank all of our staff and physicians for their continued efforts throughout the COVID-19 pandemic. If you are coming to the hospital, please visit the COVID-19 section on the hospital’s website at www.wgh.on.ca to stay up-to-date on policies and protocols. ■

COMMUNITY Kindness

Woodstock Hospital received beautifully decorated cards created by students at East Oxford Central Public School. They were filled with words of encouragement and support for our staff and physicians during the COVID-19 pandemic.

Dr. Paul Howatt is pictured with some of the cards that we received. As he read through the cards, the student’s kind words put a big smile on his face.

Dr. Howatt is a hospitalist at Woodstock Hospital. Many patients who are admitted to the hospital have complex medical conditions, and a hospitalist is a dedicated physician who is able to focus on and coordinate their in-hospital care. ■



ENHANCING

Care and Creating Efficiencies

It is vitally important that healthcare teams have timely access to patient medical records in order to provide prompt diagnosis and treatment.

In 2005, Woodstock Hospital began to shift from paper patient records to Electronic Health Records (EHR). While this was a positive step forward, there were still many records prior to this date that were on paper. This meant that clinicians would often have to submit a request to the Health Records Department to retrieve the file, and have it faxed or physically brought to the clinician by a hospital porter.

“This process was especially frustrating for physicians in the Emergency Department, where decisions need to be made quickly,” explained Kathy Lavelle, Chief Financial Officer at Woodstock Hospital. “This also resulted in longer wait times for patients.”

Woodstock Hospital worked with Polar Imaging, a Digitech Systems reseller, to implement PaperVision Enterprise and PaperFlow. This technology allowed the hospital to securely scan, store and access all patient medical records electronically.

“This optimized patient care, as the medical team was now able to instantly view all paper files electronically, as well as documentation in the EHR side-by-side,” added Kathy.

All paper records are now scanned immediately following each visit, which means that all care providers have access to all relevant information electronically, at all times. Not only does this save valuable time for clinicians, it also resulted in operational efficiencies and cost savings for the hospital.

“In today’s environment, we want front-line healthcare workers to have every tool they need to provide the best patient care possible. Digitech Systems is pleased to congratulate Woodstock Hospital,” said HK Bain, CEO of Digitech Systems. “It’s rewarding to see the ability of PaperVision Enterprise to work alongside their EHR to securely present patient records electronically leading to improved efficiency and real savings, especially with the extra security required in the world of healthcare.”

The implementation of this technology was recently acknowledged by Nucleus Research Inc. who announced the hospital as one of the 2020 ROI Award recipients. ■



Health Records Clerk Nancy Barnes scanning patient medical records.

HONOURING

Retiring Employees



Susie Maturi has worked at Woodstock Hospital for over 30 years and is now retiring from her role as an MRT Quality Assurance Technologist in the Diagnostic Imaging (DI) Department.

“DI has undergone many changes throughout my career and I had the opportunity to help train staff on using new equipment and technology,” said Susie. “I enjoyed using my skills to obtain precise images to help doctors and surgeons develop a patient’s treatment plan.”

In retirement, Susie plans to travel with her husband, take courses, and practice yoga and meditation.



Lorrie Paton began working at Woodstock Hospital as a Registered Nurse in 1985. She worked in various areas including Obstetrics, Day Surgery, and the Post-Anesthesia Care Unit. As she reflected on her career at the hospital, Lorrie said one thing she will definitely miss is the people.

“Comradery amongst your coworkers is a very important part of a good working environment,” shared Lorrie. “I am also appreciative of the variety of work experiences and learning opportunities I had at Woodstock Hospital.”

Lorrie looks forward to travelling, including a trip to Italy, once it is safe to do so.

OUR NEXT CHAPTER:

Woodstock Hospital is pleased to share its Strategic Plan for 2020-2025 with the community. This plan will help guide organizational decision-making and initiatives over the next five years, and ensure that we are all working together towards a bright future.

“To inform the development of our Strategic Plan, we wanted to understand what matters to the patients and families we serve, the staff who work at the hospital, and the community organizations we partner with”, said Mark Weir, Director of Strategic Planning and Community Engagement. “For that reason, we created a campaign called *Your Voice, Your Vision: Creating Great Care Together* to inspire people to share with us their expectations for care in this community.”

We held open houses, conducted community outreach, spoke to different organizations and agencies in the community, placed feedback cards throughout the hospital, created surveys, and ensured we were available by phone or email to share thoughts and feedback. Throughout this process, we received input from nearly 1,000 different individuals!

The feedback was compiled into a report called *What We Heard*. By thoughtfully reviewing these themes in relation to the context of our community and broader healthcare trends, we developed four strategic pillars to support our new Strategic Plan. We were also inspired to create new Mission, Vision and Values statements for the hospital.

The hospital’s Board of Directors endorse this plan and look forward to building on the relationships the hospital

has already established with the people we serve, our dedicated and caring staff, and community care partners in Woodstock and Oxford County.

“The COVID-19 pandemic has underscored the importance of collaboration and it has shown us what we are capable of when we are all working together towards a common goal,” said Perry Lang, Woodstock Hospital President and CEO. “The new Strategic Plan places an emphasis on collaboration. It speaks to partnering with patients and families, community partners, and all of our staff in order to provide exceptional care for Oxford County residents now and in the future.”

We also created a Tactical Plan, that details the actions and measures we will use to ensure our success. We look forward to reporting back, being accountable, and continuing to listen to the changing needs of the community. ■



Woodstock Hospital staff shared their thoughts and feedback at a Strategic Plan Open House held on November 20, 2019.

Mission

- Community-oriented, personalized, and quality care.

Vision

- Working collaboratively to advance the health and well-being of our community.

Values



Values Statement

- We strive to serve others; building on our collective strengths, expertise, and shared values; for the betterment of our patients, their families, and our community.

NEW STRATEGIC PLAN

CARING

EMPOWERING



GROWING

CONNECTING

Four Strategic Pillars



We will continue to advance a culture of quality, safe, and timely care that is community oriented and places patients at its heart.

We will ensure that patients, families, and caregivers are supported to actively play a role in their care while in hospital, and beyond, and that staff have what they need to provide exceptional care.



We will grow as an organization and progress to reflect the evolving needs of our community.

We will collaborate with our community partners to enhance the quality of life of Oxford and area residents.



We invite you to view the full Strategic Plan and accompanying documents on our website at www.wgh.on.ca under the “About Us” tab.

A PATIENT'S

Experience in the COPD Program

"If you are willing to work with them, they are most certainly willing to work with you."

Carol Smith-Gee said with a smile, as she reflected on her experience in the Chronic Obstructive Pulmonary Disease Program (COPD) offered by the Intensive Rehabilitation Outpatient Program (IROP) at Woodstock Hospital.

"I am a patient of the St. Joseph's Asthma Centre in London," shared Carol. "In August 2019, I was diagnosed with COPD and being from Ingersoll, I was excited to learn that I could be referred to a program closer to home at Woodstock Hospital."

COPD is a slowly progressive respiratory disease that causes the airways of the lung to become inflamed and restrict airflow.

"The COPD program is a monitored group exercise class with education sessions offered once per week for six weeks," explained Sean Willis, Director of Therapy and the Woodstock Rehabilitation Clinic. "Woodstock Hospital began offering this program five years ago, with the goal of improving the client's quality of life, slowing progression of the disease and preventing hospital readmissions due to COPD exacerbations."

The COPD program healthcare team includes a physiotherapist, occupational therapist, respiratory therapist, recreational therapist, social worker, dietitian and physiotherapist/occupational therapist assistant.

"The staff really understood each patient and knew if a patient was having an off day," said Carol. "Staff would

encourage the patient to do what they could that day and to listen to their bodies when doing the exercises."

The program provides patients with information about COPD, medication use, exercise, posture, breathing techniques, energy conservation, nutrition and coping with a COPD diagnosis.

"One of the most valuable things I learned was actually what COPD and asthma is," said Carol. "I never really had anyone sit down and explain it to me. Now that I understand what it is I have, I can recognize that if I am feeling a little bit off, it could be that something has triggered my COPD."

Upon completion of the six week program, patients are eligible to continue in the COPD Maintenance Program, which consists of one hour of exercise, once a week for 12 weeks. Upon completion of the COPD Maintenance Program, patients can transition to the YMCA COPD Program at a discounted rate.

"Patients were provided with an information package at the start of the program," said Carol. "I have kept all of this information and I often share what I have learned with my friends and family."

To be eligible for the program, clients must be referred by a respirologist, family physician, hospitalist or internal medicine physician. Patients must have a confirmed diagnosis of COPD, have a Pulmonary Function Test completed within the past six months and have a means of transportation.

We are proud to share positive patient experiences with our community. Offering programs and services that help people manage their chronic diseases and conditions is vital and also aligns with the goals of the Oxford and Area Ontario Health Team's Year 1 Population plans. ■



Carol Smith-Gee shared her experience in the COPD program offered at Woodstock Hospital.



(LtoR) Chuan Yong, Respiratory Therapy Manager; Jillaine Blair, Social Worker; Melissa Cowell, Occupational Therapy/Physio Assistant; Holly Castro, Physiotherapist; Angie Desilets, Occupational Therapist; Nonnie Foster, Recreation Therapist.

Coming Soon: the 25th Annual Dairy Capital Run!

SPRING 2021



#JOINTHEHERD



THE
DAIRY CAPITAL
WALK & RUN

Beat those winter blues by getting active and preparing for the next Dairy Capital Run! We're excited to celebrate the Dairy Capital Run's 25th anniversary.

It's never too early to start training! Let us know how you're getting ready by using **#JointheHerd** on Twitter. Further details will be provided in the New Year.



PHILIPS Lifeline

Lifeline has been offering a 24-hour Personal Emergency Response System at the push-of-a-button, to Oxford County residents for over 25 years.

Lifeline is now offered with the added protection of AutoAlert. AutoAlert is the first pendant-style help button that can automatically place a call for help if it detects a fall and you are unable to push the button.

Dependability is key to peace of mind. That's why doctors, professional care givers and families trust Lifeline. Lifeline allows people to live independently in their own homes, knowing that help is close at hand.

For more information about Lifeline, or to have Lifeline installed in your home or the home of a loved one, please call the Lifeline office, located in Woodstock Hospital, at 519-421-4259 or toll free at 1-877-575-5086.

ADVERTISE

with our Digital Signage

Woodstock Hospital has a growing network of digital advertising displays strategically placed throughout the hospital. The digital advertising signs can be found in the main entrance atrium, the cafeteria, the main waiting area and other high traffic locations.

The revenue generated from the ad spaces will support equipment needs of Woodstock Hospital and provide excellence in patient care in Oxford County.



If you are interested in advertising with us, please contact the Foundation Office at 519-421-4226.

EQUIPMENT UPDATE

Flash has Arrived!

Remember me? I'm Flash, the nuclear medicine camera! I wrote to you two years ago, asking for your help. My dream was to come to Woodstock Hospital so that I could help patients with my special photo taking skills. And guess what? We did it! Thanks to your generous donations, I have arrived at my new home in the Diagnostic Imaging Department.



You might be thinking, "Two years ago? I don't even remember what I was doing two days ago!" So let me reintroduce myself. As a nuclear medicine camera, my job is to take pictures of tissues, bones and organs. Patients are administered low doses of radioactive materials that are attracted to specific areas of the body. These materials emit gamma rays that can be detected by me, the camera, and turned into images that give radiologists information about the body, especially about the function of an organ.



Because the exams are highly sensitive, I can detect diseases in their earliest stages. One day, I might be detecting a blood clot in a patient's lungs. The next day, I could be doing a thyroid scan. I am very busy and like to think of myself as quite an important piece of equipment.

I'm glad you thought so too and decided to donate! Because of your donations, I arrived at Woodstock Hospital and began helping patients on September 21, 2020. I don't like to brag, but I think staff are very happy I'm here! For one thing, I have the ability to do scans faster which enhances patient comfort. I also have a larger scanning field, so there is no need to move a patient mid-scan. Staff also love that I have more automated capabilities than the older camera.

Your support of the Woodstock Hospital Foundation is so important. Let me explain why.

Imaging systems, much like home computers, see technology change rapidly. In many cases, new equipment (like me!) and technology allow staff to do things faster with fewer complications. The newer technology may also allow staff to see things on scans that was not as easy to see using older systems and machinery.

On behalf of the Woodstock Hospital Foundation, I say "Thank you!". Together, we are improving countless lives by providing the latest in healthcare technology for excellent patient care close to home.

Sincerely,

Flash - Woodstock Hospital's NEW Nuclear Medicine Camera



Medical Radiation Technologist Amy McDonald conducts a demonstration of the new nuclear medicine camera for Community Development Assistant Rebecca Farrell.

MESSAGE from the Woodstock Hospital Foundation



Jocelyn Jenner,
Senior Development Officer

The Woodstock Hospital Foundation has an exciting, new fundraising initiative underway. This November, we launched our first online 50/50 raffle. Funds raised will help us purchase critical equipment and technology for the hospital.

A new raffle will start at the beginning of every month, and close at the end of the month. If you have not had an opportunity to purchase a ticket yet, there is still time to do so by visiting www.woodstock5050.ca. If you buy a ticket soon, you will also be entered into our last early bird draw on November 26, 2020 for \$500.

The 4th annual Heart FM's Give Thanks to Your Hospital Radiothon took place on October 15, 2020. This year, proceeds supported equipment purchases for the Critical Care Unit (CCU). For 12 hours, Heart FM shared stories from patients, families, staff and physicians connected to the CCU. Together, we raised \$31,900. I would like to thank staff and physicians for their participation, Heart FM for collaborating with us, and our generous community for

supporting this event once again.

The annual Dairy Capital Run is approaching a milestone year. This fun-filled community event will be celebrating its 25th anniversary in 2021. Over the years, the Dairy Capital Run has been instrumental in raising funds for equipment that is being used throughout our hospital today. This includes new cardiac monitors for the Critical Care Unit and Emergency Department, surgical tables for the Outpatient Clinic, and equipment used by our Mental Health Services Department.

For charitable organizations, there are still many uncertainties surrounding events due to COVID-19. We will continue to follow the guidance from public health officials and share any changes to our events in the New Year.

On behalf of the Woodstock Hospital Foundation, I would like to thank the community for supporting our fundraising initiatives. Your donations help us to ensure that our skilled healthcare professionals have the equipment and technology they need to care for their patients. Wishing you and your loved ones a safe and happy holiday season. ■

SIKH Motorcycle Club Show of Support

Woodstock Hospital would like to thank the Sikh Motorcycle Club for their show of support for front line workers during the COVID-19 pandemic. The club presented City officials and Woodstock Hospital President & CEO Perry Lang with a plaque, thanking each organization for their efforts throughout the pandemic.

The hospital also received a \$5,000 donation from Darshan Bedi and his wife during the event, which was held in Shanna Larsen Park on Saturday, September 26, 2020.

Following the plaque presentation, approximately 40 motorcyclists saluted healthcare workers by driving past the hospital. ■



(LtoR) Police Chief Daryl Longworth, Fire Chief Jeff Slager, Hospital President & CEO Perry Lang, along with Mayor Trevor Birtch (not pictured) accepted plaques from the motorcycle club.

THANK YOU Woodstock McDonald's!

In May, the Woodstock McDonald's collected donations in their drive thru for Woodstock Hospital as part of their Healthcare Heroes Campaign. Thank you to everyone who supported this fundraiser, which raised \$3,758 for our COVID-19 Priority Needs Fund.



To you this holiday season,

There is no such thing as a typical day for nurses because critical situations can happen at any moment.

It's 6:45 am and I am on my way to the second floor of the hospital. I am a nurse in the Medical Surgical Unit, which is a 16-bed unit providing care and treatment to adult patients that may be ill, injured, or recovering.

I believe in beginning each shift with a positive attitude. I enter the patient's room with a smile and ask my patient how they slept. My morning rounds consist of looking up blood work, monitoring vital signs, and assessing my patients' condition to determine if anything needs my immediate attention. The hours go by quickly, especially during a busy shift, so having technology and equipment that can help me provide efficient and personalized care is very important.

One piece of equipment I use daily is called a Workstation on Wheels, also known as WOWs. These workstations are essential in bringing the electronic patient record system to the bedside. WOWs are equipped with a monitor, keyboard, and several drawers that securely store medications and other supplies. I bring the WOW into a patient room and using a health information system called Cerner, I look up their medical history including blood work, x-rays and other useful information that I may need.

One of the most important features is barcode scanning which allows me to match the medication orders that are verified by the pharmacist electronically before being given to the patient. I scan the patient's wristband and

scan a barcode on the medication packaging to ensure the patient receives the appropriate medication and dosage. This enhances patient safety.

This year we need your help to purchase 10 new WOWs. At a cost of \$10,000 each, the Woodstock Hospital needs your support to raise **\$100,000**. We rely on community support to purchase new equipment and technology that enhances patient care and services.

I am asking you to make a donation today to help fund the purchase of new WOWs for our hospital. Your contributions will help nursing staff like me provide the best possible care to our patients.

Wishing you a happy holiday season,

Elvira Villanueva, Registered Nurse



Yes! I want to support fundraising for Workstations on Wheels.



(PLEASE PRINT)

NAME:

ADDRESS:

CITY:

POSTAL CODE:

HOME PHONE:

E-MAIL ADDRESS:

DONATION
AMOUNT:

\$

CREDIT CARD

CHEQUE

CARD NUMBER:

EXPIRY:

THANK YOU FOR SUPPORTING THE



Please mail to: Woodstock Hospital Foundation
310 Juliana Drive, Woodstock ON N4V 0A4

Online Donations: www.wghfoundation.ca



RADIOTHON

Supports Critical Care Unit

The fourth annual Heart FM's Give Thanks to Your Hospital Radiothon took place on October 15, 2020. This year, the event raised money to support Woodstock Hospital's Critical Care Unit (CCU).

From 6:00 am until 6:00 pm, Heart FM broadcasted stories and experiences from patients, families, staff and physicians relating to the CCU.

"Some of the CCU's current equipment needs include new airbeds, a medication refrigerator, a ceiling lift system, and crash carts," explained Jocelyn Jenner, Senior Development Officer with the Woodstock Hospital Foundation. "Thanks to our generous donors, sponsors, staff and volunteers, we are able to assist in the purchase of some of the items on this list."

The Woodstock Hospital Foundation was pleased to see even more donations come in after October 15, bringing the total to \$31,900. Donations to the Woodstock Hospital Foundation are very important, as the province does not fund hospital equipment. Donations ensure our skilled healthcare professionals have the equipment and technology they need to provide excellent patient care for our community. Thank you to everyone for your contributions this year! ■



(LtoR) Sarah Conway, RN; Melissa Robinson, RN; Kelsey Roloson, RN; Tania Flanagan, Ward Clerk; Jeannette Sabino, RN; Perry Lang, Woodstock Hospital President & CEO; Randy Hicks, Director of Patient Care for Critical Care and Dialysis.



Thank you to everyone who supported the Radiothon!



(LtoR) Jocelyn Jenner, Senior Development Officer; Rebecca Farrell; Community Development Assistant; Chelsea Vella, Communications Officer.



Halloween ready! Radiothon Committee Member Tim Howard put on his Radiothon t-shirt and his kids, Arabelle and Oliver, thought it was time to put on their Halloween costumes.



Hospital staff donated throughout the event. Pictured LtoR are Sue Wilford, Forms Programmer and Deanna Howell, Volunteer Services Manager.

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