ULTRASOUND REQUISITION	Patient Information:
Department of Diagnostic Imaging 310 Juliana Drive Woodstock, ON N4V0A4 Phone: 519-421-4204 Fax: 519-421-4241 Central Bookings Phone: 519-537-2381 Fax: 519-421-4238 Referring Physician or Other Authorized Health Care Provider Name (Please Print): Phone: Fax: Ordering Physician or Authorized Health Care Provider Signature:	Name (Last, First):
Copy to:	
	OMPLETE REQUISITIONS WILL BE RE-BOOKED ing documentation by fax to Central Bookings: 519-421-4238
EXAMS REQUIRING PREPARATION	PREPARATION
☐ Abdomen ☐ Kidneys ☐ Aorta ☐	Nothing to eat or drink for 8 hours prior
□ Abdomen and Pelvis □ Kidney and Pelvis (Renal Colic) □ Pelvis and Limited Abdomen (Diverticulitis) □ Pelvis and Limited Abdomen (Appendicitis) □ Pelvis (Trans-abdominal only) □ Pelvis (Transvaginal, if indicated) □ Obstetrical Routine (greater than 18 weeks or twins)	 Nothing to eat for 8 hours prior No smoking or chewing gum for 8 hours prior Drink 1 litre (32 ounces) of water, and be finished 1 hour before Do not empty bladder No food restrictions
 ☐ Obstetrical Dating ☐ Obstetrical Enhanced First Trimester Screen (eFTS) ☐ Obstetrical (High Risk) 	 Drink 1 litre (32 ounces) of fluids, and be finished 1 hour before Do not empty bladder
EXAMS WITH NO PREPARATION	EXAMS WITH PREPARATION - SEE PAGE 2 Right Left
☐ Echocardiography ☐ Carotid Doppler ☐ Thyroid ☐ Neck ☐ Face ☐ Achilles Tendon ☐ Right Left ☐ ☐ Shoulder ☐ ☐ Breast (Routine) ☐ Knee (for Baker's Cyst) ☐ ☐ Achilles Tendon	☐ Hysterosonogram ☐ Thyroid Biopsy or Aspiration ☐ Lymph Node Biopsy ☐ Liver Biopsy ☐ Biopsy Other (specify) ☐ Hysterosonogram ☐ Breast Aspiration ☐ Breast Biopsy ☐ Breast Localization ☐ Joint Injection (Knee)
☐ Eyes ☐ Arm Arteries ☐ Arm Veins ☐ Chest (Masses) ☐ Leg Veins ☐ Leg Veins ☐ Chestinal wall	 □ Paracentesis: □ Therapeutic □ Diagnostic □ If Diagnostic, specify lab work tests: □ Thoracentesis: □ Therapeutic □ Diagnostic □ If Diagnostic, specify lab work tests: □ Thoracentesis: □ Thoracentesis: □ Thoracentesis: □ Diagnostic □ If Diagnostic, specify lab work tests: □ Diagnostic
(Hernia) Soft Tissue Other (specify) Appointment Date:	 Note: for Prostate-Transrectal and Prostate-Transrectal Biopsy Please use separate Prostate-Transrectal requisition and follow instructions from there Appointment Time:

PLEASE BRING THIS REQUISITION AND YOUR HEALTH CARD

Requirements and preparations for examinations provided with requisition on page 2 To cancel or reschedule this appointment please call Central Bookings: 519-537-2381



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ULTRASOUND EXAMS REQUIRING PREPARATION

EXAM	PREPARATION	DURATION
Abdomen, Kidneys, Aorta	 Nothing to eat or drink after midnight No smoking or chewing gum for 8 hours prior to and up to appointment time Continue your medications as usual 	30 minutes
Abdomen and Pelvis (Combined), Kidney and Pelvic, Pelvis and Limited- Abdomen	 Nothing to eat for 8 hours prior No smoking or chewing gum for 8 hours prior to and up to appointment time Continue your medications as usual Finish drinking 1 litre (32 ounces) of water 1 hour PRIOR to your appointment time for the pelvic ultrasound. Your bladder must be full and this exam will be performed first DO NOT EMPTY your bladder unless you experience extreme discomfort and then only empty enough to relieve discomfort (usually about 250-300 mL) INSULIN DEPENDENT DIABETIC PATIENT ONLY Take your normal insulin dose with clear juice (no food) the day of your appointment After exam, resume normal routine 	30 minutes
Pelvic, Obstetrical (Pregnancy), Prostate-Transabdominal (for Prostate-Transrectal, preparation is on page 2 of Prostate-Transrectal requisition)	 No food restrictions Continue your medications as usual Finish drinking 1 litre (32 ounces) of water 1 hour PRIOR to your appointment time for the pelvic ultrasound. Your bladder must be full for this exam DO NOT EMPTY your bladder unless you experience extreme discomfort and then only empty enough to relieve discomfort (usually about 250-300 mL) Note for Obstetrical The exam must be completed before anyone is brought into the room We ask that you refrain from asking the Sonographer for any ultrasound results during the scan (including sex determination) Your referring physician can provide you with the results at your follow-up appointment and answer any questions at that time 	30 minutes to 1 hour
Hysterosonogram	 Pregnancy test (blood work) required the day before or 2 hours prior to appointment time (IF NOT POSTMENOPAUSAL). Please arrange through your attending physician Exam should be booked 7-10 days after your period is finished. If you start your period, exam needs to be rescheduled. Please call Central Bookings to reschedule: 519-537-2381 	30 minutes to 1 hour
Breast Localization	Please follow instructions as per Pre-Admit Clinic	
Breast Aspiration, Breast Biopsy, Joint Injection / Aspiration, Thyroid Biopsy / Aspiration, Other Biopsy, Lymph Node Biopsy	No restrictions on food or drink No blood thinners (including aspirin), for 10 days prior to procedure If there is a concern regarding this, please advise your attending physician The Ultrasound Department must be notified if there are any modifications to the prep regarding medications	30 minutes
Liver Biopsy	 NPO 8 hours prior No blood thinners (including aspirin), for 10 days prior to procedure. If there is a concern regarding this, please advise your attending physician. The Ultrasound Department must be notified if there are any modifications to the prep regarding medications INR and PTT blood work required prior to procedure. If results of INR and PTT are greater than the high range of normal, please have attending physician discuss results with radiologist to confirm whether they will continue with procedure. Notify Ultrasound Department of any changes 	30 minutes to 1 hour
Paracentesis, Thoracentesis	 No restrictions on food or drinks Continue your medications as usual except blood thinner INR and PTT blood work required prior to procedure. If results of INR and PTT are greater than the high range of normal, please have attending physician discuss results with radiologist to confirm whether they will continue with procedure. Notify Ultrasound Department of any changes 	30 minutes to 1 hour

PLEASE CONTACT YOUR ATTENDING PHYSICIAN FOR ANY QUESTIONS REGARDING YOUR MEDICATIONS

To cancel or reschedule your appointment please call Central Bookings: 519-537-2381

For any questions regarding Ultrasound please call: 519-421-4204