



Woodstock Hospital

# NEWSLETTER

SUMMER  
2021



**PAGE 8-9**

Reflections from the CCU

**PAGE 10-11**

WH's Annual Report

**PAGE 12**

DCR Milestone



## YEARS OF THE DAIRY CAPITAL RUN

PAGE 12

REFLECTIONS FROM THE  
CRITICAL CARE UNIT PAGE 8-9



# MESSAGE from the President & CEO



Perry Lang  
President & CEO

The third wave of the COVID-19 pandemic has been a challenge for hospitals across Ontario. In late May, Woodstock Hospital had the highest number of COVID-19 inpatients since the pandemic began, with nearly half of those patients requiring ventilation.

The entire Woodstock Hospital family has worked together to support the units that have seen a surge in COVID-19 related activity. On pages 8-9, we feature reflections from staff and physicians that have supported our Critical Care Unit during this challenging time.

On June 22, 2021, the Woodstock Hospital Board of Trust met virtually for the 124th Annual General Meeting. I am pleased to report that the hospital ended the fiscal year in a positive financial position. In this newsletter, you will find the 2020-2021 Financial Report, along with Board Chair, Rick Shaheen's Report to the Community on pages 10-11.

Woodstock Hospital is the proud recipient of the Canadian College of Health Leaders' 2021 Energy and

Environmental Stewardship Award. Environmental responsibility is a key priority of the hospital and this is demonstrated in a number of projects and initiatives we have completed. Learn more about our environmental initiatives on page 3.

As indicated on the cover of the newsletter, we are celebrating 25 years of the Dairy Capital Run. On page 12, we have highlighted participants that have been involved in the run since its inception. Thank you to the Foundation, participants and volunteers for continuing to make this a great community fundraiser.

The Woodstock Hospital Foundation has done a fantastic job promoting their online 50/50 raffle, which supports the purchase of new equipment and technology for the hospital. This month, the Foundation announced an exciting sizzling summer promotion, which includes the chance to win some great early bird prizes. Turn to page 13 of this newsletter to learn more.

I conclude my message by thanking all healthcare workers for their tireless efforts over what has been a very long 15 months. I also thank our community for following public health protocols, as this is the best way you can support our healthcare heroes. ■



## WOODSTOCK HOSPITAL

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## GO ONLINE FOR HOSPITAL NEWS AND INFORMATION

You can get instant news and information from WH's Twitter and Facebook page. See exclusive hospital posts that include photos, links and valuable information.

Woodstock Hospital newsletters are always available online. Past publications, dating back to 2016, can be viewed electronically at [www.wgh.on.ca](http://www.wgh.on.ca).

If you would prefer to have newsletters emailed to you, or know someone who would, please notify us by sending a quick message to [info@wgh.on.ca](mailto:info@wgh.on.ca). New editions of the newsletter can be easily emailed to anyone!

We want to make sure you're connected with Woodstock Hospital. Share your experiences and interact with us - it's a great way to ensure we're doing the best job possible for our community!



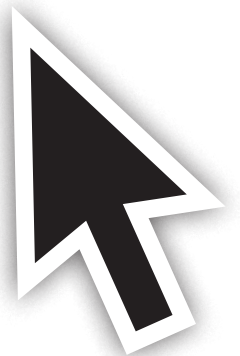
Woodstock Hospital



Woodstock Hospital



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# RECOGNIZED for Environmental Stewardship

Woodstock Hospital is the proud recipient of the Canadian College of Health Leaders' 2021 Energy and Environmental Stewardship Award. The award recognizes organizations that have demonstrated environmental responsibility through the reduction of energy usage, the preservation of natural resources and effective waste diversion solutions.

"When we built our new hospital in 2011, we were recognized as one of the first hospitals in Canada to achieve Leadership in Energy and Environmental Design certification," said Perry Lang, Hospital President & CEO. "We have continued on our environmental stewardship journey since then, and this award validates the work that Woodstock Hospital has completed over the years."

The hospital established an Environmental Advisory Committee (EAC) in 2013 to focus on building a culture that embraces change and is open to new ideas. Some of the most successful environmental initiatives have come from front line staff.

"As an example, the hospital increased our waste diversion from landfill by 15% due to staff input," said Chris Marion, Director of Capital Projects and Chair of the EAC. "That success has only encouraged us to continue forward with a goal of 50% waste diversion by 2025 and we are well on track to exceed that target."



(LtoR) Kathy Lavelle, Chief Financial Officer, Perry Lang, Woodstock Hospital President & CEO, and Chris Marion, Director of Capital Projects pictured with the 2021 Energy and Environmental Stewardship Award.

Other notable projects include the hospital's installation of 21 electric car-charging stations, a 135 kW rooftop solar power project on the Medical Professional Building, and the development of an Organics Waste Program.

"I would like to thank the Canadian College of Health Leaders for recognizing our commitment to environmental responsibility, and Honeywell for sponsoring this award," added Perry.

To learn more about the Canadian College of Health Leaders' Awards Program visit [www.cchl-ccls.ca](http://www.cchl-ccls.ca). ■

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## ASSISTING at COVID-19 Vaccination Clinics

For the month of April, a group of Woodstock Hospital pharmacy technicians assisted the Goff Hall vaccination clinic by pre-loading syringes with the COVID-19 vaccine.

"Southwestern Public Health has done a great job organizing the clinic and it was a very positive experience," shared April Henry.

The pharmacy team helped with the preparation of approximately 510 doses per day, with that number increasing as vaccine supply becomes more robust.

"It will be nice to reflect back on this time, knowing that I played a part in helping prepare vaccines for the community," added Shania Minogue.

"With the COVID-19 pandemic, we all just want to help out where we can," said Catherine Payne, Pharmacy Operations Supervisor. "We were happy to assist with the vaccine rollout."



(LtoR) April Henry, Catherine Payne and Shania Minogue assisted the local COVID-19 vaccination clinic by pre-loading syringes of the vaccine. Hospital physicians have also been assisting at the local vaccination clinic by administering doses of the COVID-19 vaccine. Thank you to all of our staff and physicians for your efforts!

This is another great example of the community coming together to conquer COVID-19. ■

# VIRTUAL Hybrid Group Therapy Model of Care



*Pictured are members of the Day Hospital Team and Clerical Support. (LtoR) Dana Kitchen, Receptionist; Jodie Karpinski, Recreation Therapist; Patricia Holland, Social Worker; Heather MacNeill, Social Worker; and Andrea Painter, Social Worker.*

The Mental Health Services Department has been working hard throughout the pandemic to ensure programs and services remain accessible to those who need them.

“The COVID-19 pandemic presented us with an opportunity to explore innovative ways to provide group therapy services,” shared Shelley Muldoon, Director of Mental Health Services at Woodstock Hospital. “Through research and using evidence-based best practices, we were able to develop a virtual care model for group therapy sessions.”

One of the avenues for patients to take if they are in need of mental health services is to contact the hospital’s Outpatient Mental Health Walk-in Counselling Clinic at 519-421-4223. Individuals will work with our team to determine what type of services they need.

“Woodstock Hospital is focused on patient-centred care, which means that during our intake process, we are working with patients to co-create treatment plans based on their specific goals and needs,” added Shelley.

Virtual services are offered through a Webex platform, which is an application that was purchased by the hospital to provide secure, virtual care. Once the team receives consent from the patient, they will be sent meeting links and other relevant materials to join their group therapy session each week.

“We have noticed a significant decline in cancellations or no shows, because we are able to virtually connect with patients conveniently in their own environment,” said Jillaine Blaire, Team Lead Social Worker. “We understand this model of care does not work for every patient, but we have identified a unique opportunity to provide access and service delivery options for patients.”

We are proud to recognize departments, like Mental Health, who have adapted programs throughout the pandemic to meet the needs of patients and families. ■

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## HONOURING Retiring Employees



Registered Nurse, **Sandra Murray**, has retired after a 33-year career at Woodstock Hospital. Sandra had the pleasure of working with various patients, nurses, support staff and physicians.

“Although everyone’s smiling faces have been hidden this past year, I know they are still there,” said Sandra. “I will miss interacting with my amazing coworkers and helping patients that come through the doors.”

Sandra looks forward to spending time with her three grandchildren and watching the flowers grow in her garden. She also hopes to work in a part-time capacity, possibly assisting with vaccination efforts.



After a 13 year-career, **Michele Schultz** is retiring from her role as a Diagnostic Imaging Registration Clerk. She began her career here as a Ward Clerk on the Med/Surge floors and moved to DI in May of 2018. Michele enjoyed meeting and greeting members of the public and interacting with a variety of staff over the years.

“You spend a lot of time with your work family and I was fortunate to share laughs and life stories with some great coworkers,” said Michele.

Michele looks forward to spending time with her three beautiful grandchildren, along with enjoying summers in her new pool and boating on Georgian Bay.

# ENHANCING Public Safety



*Pictured are two UVC lights in a public washroom by Woodstock Hospital's cafeteria on the lower level of the hospital.*

With the onset of the COVID-19 pandemic, Woodstock Hospital immediately began focusing on enhanced cleaning throughout the facility.

"While housekeeping staff have done an excellent job completing additional cleaning and disinfecting duties, the hospital also invested in innovative technologies to assist in their efforts," said Janis Humeston, Director of Housekeeping, MDRD, and Portering Services.

The hospital recently installed 17 public washroom UVC lights in high-risk or high volume areas such as the Critical Care Unit, Emergency Department, waiting areas and washrooms near main entrances.

"The UVC lights use an occupancy sensor," said Chris Marion, Director of Capital Projects. "When someone leaves the washroom, the UVC light will automatically turn on and disinfect the space before the next user."

Woodstock Hospital continues to be a leader in the use of UVC light to protect against COVID-19 and other pathogens.

"The new UVC lights add another element of protection that is beneficial to the hospital during the pandemic, and in the future," said Kim Hobbs, Director of Infection, Prevention and Control.

This is not the first time Woodstock Hospital has turned to ultraviolet light to provide enhanced cleaning. We have previously purchased two portable Ultraviolet Light Disinfection Units that are being used throughout the hospital in patient areas and the OR. ■

## NURSES

### Week at Woodstock Hospital

National Nursing Week was held May 10-16, 2021. The theme this year was *We Answer the Call* which was developed by the Canadian Nurses Association to highlight the many roles that nurses play in a patient's healthcare journey.

"Beyond the physical support and care they provide, nurses often support patients and their families emotionally through a very difficult time in their lives," said Jayne Menard, Vice President of Patient Care and Chief Nursing Officer. "We thank our nurses for their compassion and dedication to patients and families."

One of the nurses week activities involved appreciation stations that were set up throughout the hospital for staff to leave notes of thanks and appreciation for different departments. ■

*Pictured LtoR, top to bottom: Brittany Roth, RN; Heidi Dantes, Director of Emergency and Outpatient Clinic; Karlee Roth, RN; Kinga Matuszynska, RN. Sarah Matheson, RPN; Caroline Spence, RPN; Michelle Pass, Charge Nurse; Alicia Wilde, RPN; Andee Scholten, RN. Jessica Van Vliet, RN; Sarah Harmer, Charge Nurse; Rolanda Cole, RN; Carly McCann, RN; Deb Baron, RN; Rebecca Wilker, RN; Kelly Kersey, RN.*



# DEDICATED to Serving Patients and Families

Woodstock Hospital's Vice President of Patient Care and Chief Nursing Officer Jayne Menard is retiring. Jayne has spent her entire career working in healthcare, dedicated to caring for patients and their families.

"In grade school I wrote a speech about becoming a nurse and I had this singular goal in mind throughout my early education," she shared.

Before joining the Woodstock Hospital family, Jayne worked as a critical care nurse in Toronto, Cambridge and Kitchener for a total of 20 years.

"I worked as an educator, in research, as a manager and a director, before coming into my present role as a Chief Nursing Officer," said Jayne.

Jayne arrived at Woodstock Hospital in 2012, not long after the new facility was built on Juliana Drive. She worked collaboratively with clinical leadership and support departments to develop new clinical programs and processes to improve patient care.

"Jayne has been instrumental in establishing a number of patient-centred, healthcare services at Woodstock Hospital," said Perry Lang, President and CEO. "With the help of Dr. Seth and Dr. Hanna, Jayne started a hospitalist model of care that provides inpatient coverage for acute medical, surgical and rehabilitation patients who do not have a family doctor, or whose family doctor may not have hospital privileges."

Jayne has always been a strong advocate for patients and families, ensuring their perspectives helped to shape organizational decisions and initiatives. With her



Woodstock Hospital's VP of Patient Care and Chief Nursing Officer, Jayne Menard.

leadership, the hospital established a Patient and Family Advisory Council in 2016.

"It's important that the patient is an active member of the healthcare team and that patients and families have a voice in how their care is delivered," added Jayne.

Jayne said she will miss the exciting work that she has been a part of over the years and the wonderful people she has had the pleasure to work with.

"It has been an honour and a privilege to work with such a dedicated and talented group of staff and physicians," said Jayne. "Working at Woodstock Hospital has been the highlight of my career."

The Woodstock Hospital family extends Jayne our warmest wishes for a happy retirement. ■



Our Director of Information Technology Services, **Kevin Somerville**, is retiring. Kevin has celebrated 10 years of service at the hospital, working with colleagues in various professional capacities to enhance patient care through innovative technologies.

"I have enjoyed working alongside my team, peers and with senior management to play a part in making the Woodstock Hospital one of the best healthcare facilities in the province," said Kevin.

Upon retirement, Kevin looks forward to spending more time with family, travelling and enjoying a few hobbies that he has pursued over the years.



**Randy Hicks**, Woodstock Hospital's Director of Critical Care and Dialysis, is retiring. Prior to becoming a Director, Randy was a staff nurse in various areas including Medical/Surgical, the Emergency Department, CCU, Complex Care and Chemotherapy.

"It's hard to summarize what the past 31 years have meant to me. Working in the specialty units of Critical Care and Dialysis has been absolutely wonderful and rewarding work."

Randy said he will miss the camaraderie amongst staff, along with everyone's smile. He looks forward to visiting family in the east coast, travelling and learning.

# ONECHART Electronic Documentation

In April, Woodstock Hospital completed Phase 1 of the OneChart Project, bringing the hospital one-step closer to a fully electronic health record (EHR). OneChart is the specific brand name of the EHR used across our hospital network including London and regional hospitals.

“Having an electronic health record improves patient safety and outcomes by standardizing and improving the quality of patient data collected and documented,” shared Carrie Tran, OneChart Project Lead. “It captures and shares key elements of a patient’s medical history, tests, exams and investigations, and also allows for timely access to this data across our hospital network.”

The initial go live date for Phase 1 was scheduled for July 2020; however, this was rescheduled due to the COVID-19 pandemic. From late October 2020 through to February of this year, OneChart Project Leads Carrie Tran and Randy Walach worked with Staff Development to ensure the hospital was prepared for this transition. Training for front line users began in early March and



*OneChart Project Leads Carrie Tran and Randy Walach pictured with one of the Workstations on Wheels. This equipment will help bring the electronic patient record to the bedside.*

went right up until Woodstock Hospital’s go-live date on April 13, 2021.

“Approximately 350 nurses and health discipline staff received a combination of online and in-class training to prepare for the transition to electronic documentation,” said Randy. “We also have roughly 70 superusers who received additional training to help mentor staff and make this an easier transition for everyone.”

Patients will continue to receive the same great care and services they are accustomed to at Woodstock Hospital. One change that patients

may notice is that staff are now bringing a computer or Workstation on Wheels (WOW) to the bedside to document assessments as they are completed.

Phase 2 of the OneChart Project is scheduled to roll out in September 2022 and will include Mental Health Services, our mother-baby encounters in the Maternal Child/Women’s Health Department, physicians, and additional patient safety enhancements. ■

## RECOGNIZING Staff for their Dedication

This year, Woodstock Hospital was proud to recognize 105 staff and physicians who have achieved significant milestones in their careers, achieving 10, 15, 20 and 25 years or more of service. Some of our staff members are pictured below. We thank all of our employees for their professionalism and ongoing commitment to serving our community.



*Sadia Mazreki and Nancy Searles work in the Outpatient Mental Health Services Department and were both celebrating 20 years of service.*



*Surgical Services staff Pam Van Hooydonk (26 Years), Lia Kittmer-Knorr (15 Years), Teresa Ward (26 Years), and Bonnie Hartsell (28 Years), received long service recognition.*



*Patricia Ryder and Kathleen Gardiner work together on the Inpatient Rehabilitation Unit. Patricia celebrated 25 years while Kathleen celebrated 30 years of service.*

# REFLECTIONS FROM THE

The COVID-19 pandemic has brought to light the important work of our Critical Care Unit (CCU) and the multidisciplinary team responsible for caring for acutely ill patients.

During the third wave of the pandemic, Woodstock Hospital accepted patient transfers from hospitals overwhelmed by an increasing number of COVID-19 positive patients. This included patients from the GTA and Manitoba. To accomplish this, we ramped down non-urgent and non-emergent surgeries and redeployed staff from other areas of the hospital to assist the busy Critical Care Unit.

"Staff from every corner of this hospital have offered to support the Critical Care Unit," said Randy Hicks, Director of Critical Care and Dialysis. "It has been a team effort and my staff are forever grateful."

Below, staff and physicians reflect on caring for COVID-19 patients in Woodstock Hospital's CCU. ■



*Randy Hicks is Woodstock Hospital's Director of Critical Care and Dialysis. He thanked Woodstock Hospital staff and physicians for working collaboratively to care for patients in the CCU throughout the COVID-19 pandemic, but especially during the busy third wave in Ontario.*



**Dr. Faisal Almame** is the physician clinical lead in the Critical Care Unit. "COVID-19 positive patients who are critically ill are admitted to the CCU for close monitoring and invasive ventilator support if needed. Some of these patients will remain in an induced coma for a week or more. We are seeing younger and much sicker patients during the third wave of the pandemic."

"It's been a difficult and challenging time for everyone but I feel we are prepared and equipped to handle this third wave. The support of the senior administrative team has been outstanding. They ensured we have the appropriate equipment and supplies, along with preparing the physical environment by constructing additional negative pressure isolation rooms."

**Paula North** is the Charge Nurse on the unit. She has been busy facilitating the safe admission and assessment of patients into the CCU from the Emergency Department and medical units, along with patients transferred from the Greater Toronto Area and Manitoba.

"We have been in a constant state of readiness with patient transfers and the demands for critical care beds. But rest assured, if your loved one is at Woodstock Hospital, we are taking the best possible care of your family member or friend."



**Danielle Patterson** is a Respiratory Therapist. "I maintain the patient's airway and their oxygenation. I am constantly assessing patients in the Critical Care Unit that are not intubated, to determine if or when they may need it."

"It's not always the end of the patient's journey when they leave the CCU. Some COVID-19 patients we have treated are now seeking Outpatient Respiratory Services at WH, and we are monitoring them to determine what the long term effects of COVID-19 may be."

**Susan Lam** is a Pharmacist at Woodstock Hospital. With patient transfers, Susan has been in contact with other hospital pharmacists to gather the patient's medication information for a more seamless transition between hospitals.

"Generally, these patients require a lot of medication to stay sedated for ventilation. It is important to know in advance which drugs and how much the patient is receiving to ensure we have a good supply before they arrive. Our Pharmacy Technicians have been assisting with the preparation of some of the medications in order to ease the workload of our nurses."





# CRITICAL CARE UNIT

***“Alone we can do so little; together we can do so much.”***

**Pam Moodie** is the Housekeeper that is responsible for keeping the physical environment of the CCU clean and safe for patients and staff. “We have been trained on wearing the proper protective equipment while performing our cleaning duties. We also learned how to use an Ultraviolet Light Disinfection System for enhanced cleaning.”

“At the start of the pandemic, I was a little anxious about cleaning COVID-19 patient rooms. However, now I am used to it. I find it is also very rewarding to see patients improving each day and getting ready to return home to their loved ones.”



**Sandra Boyse** is a Physiotherapist in the CCU. She has been performing chest physiotherapy on COVID-19 patients. “Many COVID-19 patients have secretions in their lungs, so I’ve been using a percussion machine to help clear their airway. Once they are medically stable, I have been working on mobilizing them and accomplishing tasks like sitting on the end of the bed or walking; whatever they are able to do that day.”

“It’s been all hands on deck in the CCU. I’ve helped to prone and supinate patients. I have definitely learned a lot from working with the clinical team throughout the pandemic.”

**Anna Plater** is an Operating Room Nurse that was redeployed to assist the Critical Care Unit. “The Staff Development Team helped to train and prepare redeployed staff and now that I’m on the unit, the CCU nurses have also been very nice and supportive.”

“It’s a different type of nursing completely, so of course there is some stress that comes along with being redeployed. But we are all working together to do what we can. If members of the public can continue following public health protocols to help us out, we would all really appreciate it.”



**Nicole Peterson** is the CCU Clinical Educator in the Staff Development Department. Her main role has been training and educating staff that may be redeployed to assist the Critical Care Unit.

“During the third wave, staff that have been redeployed find themselves in unfamiliar territory, feeling uncertain, nervous and unsure of how they can help. I applaud all staff for their amazing comraderie and support of the CCU. The culture at WH is that of family and in my 30 years of working here, there has been no other demonstration as powerful as the one we are going through right now.”

**Angela Utting** is a Dietitian at Woodstock Hospital. She and her colleague, Jennifer Phelan, have been responsible for daily monitoring of the COVID-19 patients in the CCU to ensure they’re receiving sufficient nutrition to aide in their recovery.

“These patients are on breathing machines and require tube feeding to meet their increased needs for protein and calories while they are fighting the illness. Loss of lean muscle can happen quickly, as they are bed bound and their nutrition requirements are extremely high. Nutrition and Physio play an important role in helping patients combat intensive care acquired weakness.”



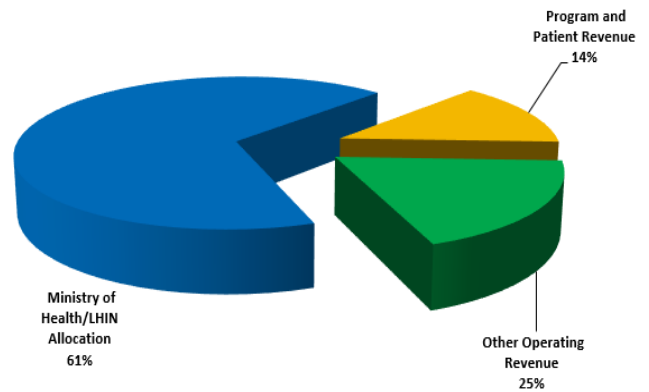
**Jayne Menard** is the VP of Patient Care and Chief Nursing Officer at Woodstock Hospital. The hospital’s senior administrative team and departmental managers have been holding COVID-19 Action Team meetings to plan and execute surge protocols, to ensure the hospital is prepared for an influx of COVID-19 inpatients.

“This has been a challenging time for healthcare workers. My priority has been to ensure staff are supported, informed and prepared to safely come into work each day to care for our patients. I thank everyone for their dedication and commitment throughout the COVID-19 pandemic.”

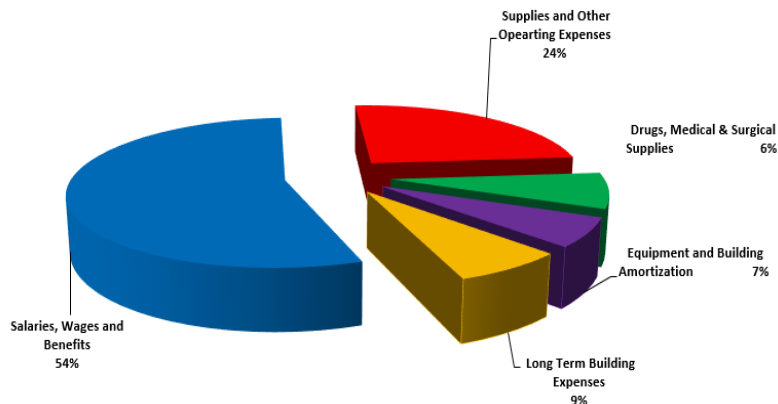
	2020/2021	2019/2020
<b>REVENUE</b>		
Ministry of Health/LHIN Allocation	\$ 98,704,996	86,666,731
Program and Patient Revenue	19,754,221	20,033,359
Other Operating Revenue	27,333,435	26,489,754
	145,792,652	133,189,844
<b>EXPENDITURES</b>		
Salaries, Wages and Benefits	\$ 77,222,985	70,795,768
Supplies and Other Operating Expenses	34,803,669	31,150,012
Drugs, Medical and Surgical Supplies	10,957,957	9,880,408
Equipment and Building Amortization	8,642,780	7,749,565
Long Term Building Expense	9,941,292	10,139,676
	141,568,683	129,715,429
<b>EXCESS OF REVENUE OVER EXPENSES</b>	<b>\$ 4,223,969</b>	<b>3,474,415</b>

*Audited reports are available by contacting the Finance Department at (519) 421-4227.*

### Revenue



### Expenses



## STATISTICS

	2020/21	2019/20
Surgical Procedures	6,398	8,903
Admissions	6,282	6,718
Patient Days	45,610	55,561
Births	984	982
Emergency Visits	35,147	46,357
Chemotherapy	2,326	2,104
MRI Exams	6,100	6,414
Renal Dialysis Treatments	5,136	5,213
Total Hip/Knee Replacements	269	325
Outpatient Mental Health	20,349	19,894
Cataracts	809	829

# REPORT to the Community

## 2020/21 BOARD OF TRUST MEMBERS

### CHAIR

Rick Shaheen

### VICE CHAIR

Beth Taylor

### PAST CHAIR

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Perry Lang

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### VP PATIENT CARE/CNO

Jayne Menard

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Mayor Trevor Birtch

### COUNTY REPRESENTATIVE

Councillor Don McKay

### DIRECTORS

Ezio Andreola

Rob McKinlay

Rama Murthi

Lisa Symons

Dixie Westcar

Patricia Wettlaufer

Carole Wilson



Rick Shaheen,  
Woodstock Hospital  
Board of Trust, Chair

As I conclude my term as Chair of the Woodstock Hospital Board of Trust, it is a privilege for me to present my report to the community for the past fiscal year, ending March 31, 2021.

Woodstock Hospital staff and physicians continue to demonstrate courage and compassion, despite the added pressures associated with the COVID-19 pandemic. I want begin this report by thanking staff and physicians. Your efforts have been nothing short of heroic and I hope that you continue to feel appreciated for your hard work.

Throughout the fiscal year, the hospital had an increase in operating expenses above normal operating costs due to the COVID-19 pandemic. This included costs for items such as personal protective equipment, supplies and opening a COVID-19 Assessment Centre. The Board and Finance Department have diligently monitored and tracked expenses for reporting purposes to the Ministry of Health. Despite these challenges, I am pleased to report that we concluded the fiscal term in a strong financial position.

In October, the hospital unveiled its new Strategic Plan for 2020-2025. This plan involved extensive input from the community, and the Board feels it reflects the hospital's commitment to meeting the healthcare needs of patients and families now and in the future.

In December 2020, the hospital underwent a voluntary evaluation by Accreditation Canada. To help prepare for the evaluation, the Board of Trust updated its bylaws and governance policies. The Board congratulates Woodstock Hospital on achieving Exemplary Standing, which is the highest award issued through the hospital accreditation program.

Over the past fiscal term, the Board approved investing some of our available funds into capital improvements and equipment. As an example, the hospital completed a 135 kWh roof top solar project on the Medical Professional Building, constructed a new minor procedure room for cataract surgery, and completed a parking lot expansion project.

The Board extends congratulations to the Woodstock Hospital Foundation for launching a successful online 50/50 raffle in November 2020. Each month, there has been tremendous staff and community excitement for this raffle, with proceeds supporting new equipment and technology.

I wish to thank my fellow Board members for their commitment to the health and well-being of our community. Together with the Senior Team, we will continue to seek innovative ways to ensure patients and families are receiving high-quality patient care and services. I would also like to recognize the significant contributions of Ken Whiteford, who is completing a 12-year term on the Board.

This was an impressive year thanks to the efforts of each individual within the organization. Thank you for your commitment to our community and dedication to excellence in healthcare. ■

# DAIRY Capital Run Reaches Milestone Anniversary

The Dairy Capital Run has reached a milestone anniversary and is celebrating 25 years! This fun-filled event promotes getting active, while raising funds for new technology and equipment to enhance patient care and services at Woodstock Hospital. Every year, we see new runners lacing up to join the herd. We also look forward to welcoming back familiar faces that have participated in the Dairy Capital Run since its inception.

Deb and Gord Eddy are a couple of those familiar faces to the run. In fact, they began participating in the run when the Woodstock Legion Athletic Club hosted the event.

“We volunteered to help with water stations, directing traffic and setting out and picking up the traffic cones marking the race route, along with participating in the actual run/walk itself,” shared Deb. “When you see everyone enjoying the day, it makes you want to be a part of it year after year.”

Vera Stewart has also participated in the Dairy Capital Run every year.

“It has been a really fun event to be involved in,” said Vera. “I worked at the hospital for 36 years, so the Dairy Capital Run is a great way to see old colleagues and is an easy way for me to continue to support the hospital.”

Vera has been one of the Dairy Capital Run’s highest pledge collectors for many years.

“It’s important to support the hospital because the province doesn’t fund equipment purchases,” shared Vera. “I’ve had a lot of friends pledge to support me because it’s an easy way for them to help the hospital if they were unable to attend the event.”

To celebrate 25 years, Dairy Capital Run participants received t-shirts that were designed to recognize the run’s anniversary year. There were also various prizes and challenges to make this year’s event fun and special.

The Woodstock Hospital Foundation would like to thank all of the volunteers and participants that continue to make the Dairy Capital Run a success! With your support, the Dairy Capital Run has helped fund equipment including a portable ultrasound, air beds, IV infusion pumps, an echocardiography machine and equipment in Mental Health Services and the Maternal Child/Women’s Health Department. ■



*Photo of Deb and Gord Eddy.*



*Photo of Vera Stewart with her great, great niece Destiny.*



# MESSAGE from the Woodstock Hospital Foundation



Jocelyn Jenner,  
Senior Development Officer

As indicated on the cover of this newsletter, we are celebrating the Dairy Capital Run reaching a milestone 25 year anniversary. This year, the run was virtual once again. We still had enthusiastic participants and great community sponsors to help us make this year

successful. We look forward to brighter days ahead, with hopes of returning to an in-person run/walk next year.

The momentum continues to build for the Woodstock Hospital Foundation's online 50/50 raffle. This month, we announced our sizzling summer promotions for June, July and August, which offers the chance to win some incredible early bird prizes!

I invite you to read the article below for full details. The Woodstock Hospital Foundation thanks all of the sponsors involved in making the sizzling summer 50/50 raffles an exciting fundraiser for our hospital. Remember, when you buy tickets for the online 50/50 raffle, proceeds are supporting the purchase of new technology and equipment for our hospital. So it's a win-win!

We were pleased to be able to proceed with our Annual Charity Golf Tournament on June 16, 2021. With the help of Craigowan Golf Course, we ensured the event followed COVID-19 protocols, including a staggered start and food stations rather than a sit down dinner after the event. Thank you to all of our sponsors and participants for supporting this year's event. All proceeds are helping to purchase a new chemistry analyzer for the Laboratory Services Department at Woodstock Hospital. ■

**SIZZLING**  
Summer



**Woodstock Hospital  
FOUNDATION**

## NEW SUMMER

### Promotions for the Online 50/50 Raffle

The warmer weather has arrived and the Woodstock Hospital Foundation's online 50/50 is also heating up! For the months of June, July and August, the Foundation's early bird prizes are increasing from \$500 to \$750 and even \$1,000 cash. With great prizes to be won and proceeds supporting the purchase of new equipment and technology at the hospital, there are no downsides to this fundraiser! To buy tickets please visit [www.woodstock5050.ca](http://www.woodstock5050.ca). License No. RAF1207634.

**Here are some dates to mark in your calendar this summer:**

### June Grand Prize Draw: Wed, June 30 at 10:00 am

#### July

153 tickets for \$20 to celebrate Canada's 153rd birthday!

Early Bird #1 on July 7: \$1,000

Early Bird #2 on July 14: \$1,000

Early Bird #3 on July 21: \$750

**Grand Prize Draw on July 30 at 10:00 am!**

#### August

Three chances to win \$1,000 cash early bird prizes!

Early Bird #1 on Aug 11: \$1,000

Early Bird #2 on Aug 18: \$1,000

Early Bird #3 on Aug 25: \$1,000

**Grand Prize Draw on Aug 31 at 10:00 am!**

**Thank you to our sponsors:**



**Cornish  
Plumbing**



**Tim Howard, Heartland  
Farm Mutual**



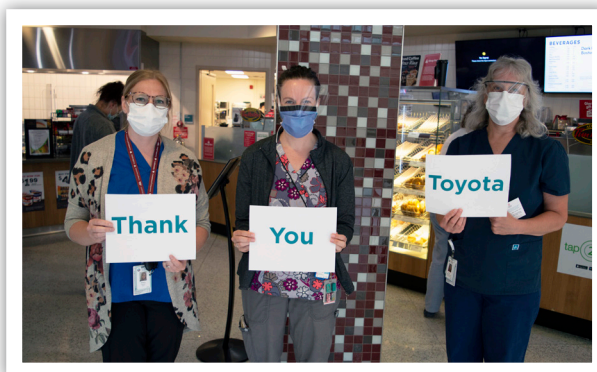
**Ian Moyer, Insurance  
Agency Inc.**

# Thank You Toyota Motor Manufacturing

Toyota Motor Manufacturing donated \$10,000 to the Woodstock Hospital Foundation. This money was earmarked for staff appreciation, as Toyota's way of saying "thank-you" to staff and physicians for their hard work and dedication throughout the COVID-19 pandemic.

Woodstock Hospital used the money to organize an appreciation lunch. Staff and physicians each received a delicious meal, and anyone that was unable to attend received a voucher for a complimentary lunch in the cafeteria.

We thank Toyota Motor Manufacturing for this show of support for our 1,100 staff and 75 physicians. ■



*Pictured LtoR: Rhianna Dunsbergen, OR Daycare RPN; Laura Van Den Brock, Medical Radiation Technologist; Carey Faber, Diabetes Administrative Support.*

# Thamesford Lawn Bowling Club

Thank you to the Thamesford Lawn Bowling Club for their very generous donation of \$20,000 to the Woodstock Hospital Foundation.

The Thamesford Lawn Bowling Club recently closed and sold. Members of the club decided to donate proceeds from the sale to charities throughout Oxford County. We are very thankful to be one of the charities selected to receive a portion of the sale. This money will go towards improving patient care at Woodstock Hospital.

Thank you to Tony Webb and Lorne Matheson from the Thamesford Lawn Bowling Club for stopping by to drop off this generous donation to our Senior Development Officer, Jocelyn Jenner. ■



*Thank you to the Thamesford Lawn Bowling Club for supporting patient care in our community.*

# RBC Grant for Staff Education

The Woodstock Hospital Foundation received a \$10,000 grant from Royal Bank of Canada to be used for staff education.

With the funds, Woodstock Hospital staff were able to enroll in different leadership courses offered through London Health Sciences Centre. The courses included Emerging Leaders, Taking Action on Survey Results, Getting Things Done and Emotional Intelligence.

Thank you RBC for investing in educational opportunities for healthcare workers. Staff were grateful to have the ability to complete these courses as part of their ongoing training and development. ■



*Pictured LtoR: David Rupert, Director of Technical Services; Carolyn Post, Physio/OT Assistant; Chuan Yong, Director of Cardio Respiratory Services.*



Anesthesiologist, Dr. Michael Pellizzari, pictured with one of the anesthetic gas machines in the Operating Room.

# Anesthetic Gas Machines

## Supporting Equipment Purchases in Surgical Services

If you have recently had surgery at Woodstock Hospital, you may have met with me. My name is Dr. Michael Pellizzari, and I'm one of the hospital's anesthesiologists.

My role, as part of the operating team, is to assist in providing safe and pain free sleep for patients during their surgery and to keep them comfortable in recovery. Anesthesiologists work with patients before surgery to review the risks and benefits of different anesthetic options, to help the patient decide on their preferred choice.

In Surgical Services, one of the most important pieces of equipment that I use is an anesthetic gas machine.

During surgery, this machine breathes for the patient using a built-in ventilator. It administers oxygen and anesthetic gas to keep the patient oxygenated and sedated throughout their surgery. The machine helps our team monitor the patient's vital signs and cardio respiratory function. Finally, it accumulates the exhaled carbon dioxide and anesthetic gas, so that they do not collect in the operating theatre.

The anesthetic gas machines are very important equipment and are used in approximately 8,000 procedures annually.

The Woodstock Hospital Foundation **needs your help today** to fundraise for new anesthetic gas machines. The new machines have the ability to recycle the sevoflurane or anesthetic gas that patients exhale, and allow it to be

returned to that same patient - this dramatically reduces our use of sevoflurane by approximately 50%! As all anesthetic gases are fluorocarbons and contribute to global warming, this amazing new technology is a positive step in reducing the hospital's environmental impact.

Another advantage of the new machines is their ability to support electronic charting. Currently, all anesthesiologists document on paper, which can make it difficult for others involved in the patient's care to be aware of what was done in the Operating Room. The new machines will integrate the anesthetic procedure with the patient's electronic health record.

We need your help to purchase this new equipment because the province does not fund healthcare technology and equipment. **Woodstock Hospital needs five new anesthetic gas machines, which will cost in excess of \$250,000.** With your support, we can ensure that we have incredible services and the latest technology at Woodstock Hospital.

Please consider making a gift today. Your donation is critical in enabling a patient-focused, high quality, and environmentally friendly Surgical Services Department at the Woodstock Hospital! For your convenience, a clip-off donation form is on the back of this newsletter. Sincerely,

*Dr. Michael Pellizzari*

# 2021 VIRTUAL DAIRY CAPITAL RUN

RAISED \$25,000

Thank you to everyone for your support in making this a successful event.

Special thanks to our sponsors:



SENTINEL REVIEW



Yes! I want to support the Woodstock Hospital Foundation.

(PLEASE PRINT)

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**Please mail to:**  
Woodstock Hospital Foundation  
310 Juliana Drive, Woodstock ON N4V 0A4

**Online Donations:** [www.wghfoundation.ca](http://www.wghfoundation.ca)



WOODSTOCK HOSPITAL FOUNDATION

THANK YOU FOR SUPPORTING THE