

The Dairy Capital Run/Walk
2K & 5K & 10K
Sunday, May 24, 2009

5K FINISHERS

Place	Name	City	DIV	PLACE IN:			TIME	/km PACE
				DIV	GENDER			
1	Andy WHITTAKER	Woodstock	ON	1/19	1/93	M40-49	17:41	3:33
2	Bill WHEELER	Woodstock	ON	1/12	2/93	M50-59	17:48	3:34
3	Bob THOMPSON	Woodstock	ON	1/9	3/93	M14-19	18:53	3:47
4	Craig KLOMP	St. Mary's	ON	1/10	4/93	M10-13	19:22	3:53
5	Tyler BARNES	Woodstock	ON	2/9	5/93	M14-19	19:44	3:57
6	Colin PEGG	Woodstock	ON	2/10	6/93	M10-13	20:19	4:04
7	Ed TAYLOR	Woodstock	ON	1/23	7/93	M30-39	20:27	4:06
8	Angela QUICK	St. George	ON	1/16	1/149	F14-19	20:43	4:09
9	Gabrielle FORAN	Woodstock	ON	2/16	2/149	F14-19	20:50	4:10
10	Steve QUICK	St. George	ON	2/19	8/93	M40-49	20:52	4:11
11	Jeremy JACKSON	Woodstock	ON	1/11	9/93	M20-29	20:53	4:11
12	Speedy Jr. GONSALVES	Woodstock	ON	3/9	10/93	M14-19	20:54	4:11
13	Brandon KOOT	Thamesford	ON	4/9	11/93	M14-19	20:58	4:12
14	Caleb TROTTER	Lucan	ON	5/9	12/93	M14-19	21:06	4:14
15	Gary CASSEL	Woodstock	ON	1/9	13/93	M--60+	21:36	4:20
16	M TUCKER	Woodstock	ON	6/9	14/93	M14-19	21:38	4:20
17	Alicia JACKSON	Paris	ON	1/35	3/149	F20-29	21:39	4:20
18	Michael KISSNER	Brantford	ON	2/23	15/93	M30-39	21:44	4:21
19	Mark PEGG	Woodstock	ON	3/19	16/93	M40-49	21:58	4:24
20	Jessie MACALPINE	Woodstock	ON	1/10	4/149	F10-13	22:04	4:25
21	Christopher DEAN	Woodstock	ON	2/11	17/93	M20-29	22:16	4:28
22	Caelan HOLDEN	London	ON	3/10	18/93	M10-13	22:24	4:29
23	Marissa UKOS	Woodstock	ON	3/16	5/149	F14-19	22:17	4:28
24	Jamie GREEN	Woodstock	ON	4/19	19/93	M40-49	22:35	4:31
25	Ben CONGRAM	Stratford	ON	4/10	20/93	M10-13	22:39	4:32
26	Clarke PETTY	Burlington	ON	5/19	21/93	M40-49	22:50	4:34
27	Robert BINGHAM	Owen Sound	ON	6/19	22/93	M40-49	22:52	4:35
28	Nick DONKER	Beachville	ON	2/9	23/93	M--60+	22:58	4:36
29	David BIRMINGHAM	Lindsay	ON	2/12	24/93	M50-59	23:05	4:37
30	Walter ZANEL	Mississauga	ON	7/19	25/93	M40-49	23:07	4:38
31	Jeff ADAM	Woodstock	ON	3/23	26/93	M30-39	23:13	4:39
32	Bill NOLAN	London	ON	3/9	27/93	M--60+	23:17	4:40
33	Gary CASSEL	Woodstock	ON	8/19	28/93	M40-49	23:21	4:41
34	Lynne GODKIN	Kirkton	ON	1/29	6/149	F40-49	23:37	4:44
35	Tim SCHLEICH	Woodstock	ON	4/23	29/93	M30-39	23:41	4:45
36	Jessica HALLOCK	Woodstock	ON	2/35	7/149	F20-29	23:44	4:45
37	Isaac PEGG	Woodstock	ON	5/10	30/93	M10-13	24:04	4:49
38	Jessie LEDUC	Woodstock	ON	4/16	8/149	F14-19	24:09	4:50
39	Kent LEWIS	Ingersoll	ON	5/23	31/93	M30-39	24:19	4:52
40	Ashleigh BILLING	Burford	ON	3/35	9/149	F20-29	24:29	4:54
41	Vicki MAYBERRY	Ingersoll	ON	1/36	10/149	F30-39	24:40	4:56
42	Lisa PETRISOR	Woodstock	ON	2/36	11/149	F30-39		
43	Mariel FLUTTERT	Thorndale	ON	5/16	12/149	F14-19	24:46	4:58
44	Colleen RYAN	Woodstock	ON	4/35	13/149	F20-29	24:47	4:58
45	Gord EDDY	Woodstock	ON	3/12	32/93	M50-59	24:49	4:58
46	Jesse VANDYK	Ingersoll	ON	7/9	33/93	M14-19	25:00	5:00
47	Nat GUIMOND	Oakville	ON	2/29	14/149	F40-49	25:05	5:01
48	Melissa LANGDON	Woodstock	ON	5/35	15/149	F20-29	25:10	5:02
49	Nanci SWEAZEY	Mississauga	ON	1/20	16/149	F50-59	25:10	5:02
50	Nikki SLOAN CLARKE	Woodstock	ON	3/29	17/149	F40-49	25:23	5:05

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5K FINISHERS

Place	Name	City	DIV	PLACE IN:			TIME	/km PACE
				DIV	GENDER			
51	Josh HEVENOR			3/11	34/93	M20-29	25:33	5:07
52	Gunther MALLY	Woodstock	ON	9/19	35/93	M40-49	25:43	5:09
53	Lee JANZEN	Tillsonburg	ON	6/23	36/93	M30-39	25:56	5:12
54	Thea VAN DEN TEMPEL	Poole	ON	6/35	18/149	F20-29	26:00	5:12
55	Scott BILLING	Burford	ON	7/23	37/93	M30-39	26:02	5:13
56	Dwain KELLY			4/12	38/93	M50-59	26:03	5:13
57	Jason STEFAN	Woodstock	ON	8/23	39/93	M30-39	26:06	5:14
58	Josh BEARSS	Woodstock	ON	4/11	40/93	M20-29	26:06	5:14
59	Jeff MACQUEEN			9/23	41/93	M30-39	26:16	5:16
60	Brian PRETRIC	Woodstock	ON	5/11	42/93	M20-29	26:21	5:17
61	Egidiths MICKEVICIUS	Woodstock	ON	10/23	43/93	M30-39	26:29	5:18
62	Devon JANZEN	Tillsonburg	ON	7/35	19/149	F20-29	26:29	5:18
63	Caratee COGHILL	Woodstock	ON	8/35	20/149	F20-29	26:30	5:18
64	Tyler KOOT	Thamesford	ON	6/10	44/93	M10-13	26:32	5:19
65	Michael DONKERS	Arva	ON	7/10	45/93	M10-13	26:35	5:19
66	Trevor COLLINS	Woodstock	ON	11/23	46/93	M30-39	26:35	5:19
67	Ernie PAULAUSKAS	Woodstock	ON	12/23	47/93	M30-39	26:44	5:21
68	Drew MOIR	Woodstock	ON	13/23	48/93	M30-39	26:47	5:22
69	Samantha MALONEY	Aylmer	ON	6/16	21/149	F14-19	26:50	5:22
70	Laura VANBOMMEL	Woodstock	ON	7/16	22/149	F14-19	26:51	5:23
71	Kelly THOMAS	Woodstock	ON	9/35	23/149	F20-29	26:55	5:23
72	Candy ADAM	Woodstock	ON	3/36	24/149	F30-39	26:57	5:24
73	Clarissa LANGDON	Woodstock	ON	10/35	25/149	F20-29	27:07	5:26
74	Jenillee COOK	Woodstock	ON	11/35	26/149	F20-29	27:13	5:27
75	Janet THOMPSON	Woodstock	ON	2/20	27/149	F50-59	27:13	5:27
76	Shelly JOHNSTON	Woodstock	ON	4/36	28/149	F30-39	27:14	5:27
77	Edmond COOK	Woodstock	ON	14/23	49/93	M30-39	27:18	5:28
78	Andrew BARDWELL	Oakville	ON	10/19	50/93	M40-49	27:22	5:29
79	Audrey BOS	Belgrave	ON	4/29	29/149	F40-49	27:27	5:30
80	Claudia WORTMAN	London	ON	5/36	30/149	F30-39	27:30	5:30
81	Lori HILL	Sebringville	ON	6/36	31/149	F30-39	27:31	5:31
82	Amy ROTH	Hickson	ON	12/35	32/149	F20-29	27:34	5:31
83	Rob WAREING	Woodstock	ON	8/10	51/93	M10-13	27:34	5:31
84	Mark BERKERS	Embros	ON	8/9	52/93	M14-19	27:38	5:32
85	Mike ADAIR	Woodstock	ON	11/19	53/93	M40-49	27:38	5:32
86	Sean BLOXSODGE	Woodstock	ON	6/11	54/93	M20-29	27:45	5:33
87	Caitlyn VANDECAPPELLE	Woodstock	ON	13/35	33/149	F20-29	27:45	5:33
88	Karl LAWRENCE	Woodstock	ON	15/23	55/93	M30-39	27:47	5:34
89	Matt MULLER			16/23	56/93	M30-39	27:55	5:35
90	Heather ANDRACHUK			14/35	34/149	F20-29	27:59	5:36
91	Paul HEVENOR			5/12	57/93	M50-59	27:59	5:36
92	Sherita GUETTER	Woodstock	ON	15/35	35/149	F20-29	28:08	5:38
93	F. Michael MCMAHON	Woodstock	ON	4/9	58/93	M--60+	28:09	5:38
94	Jeremy NOPPER	Woodstock	ON	9/10	59/93	M10-13	28:12	5:39
95	Melanie ERKELENS	Ingersoll	ON	16/35	36/149	F20-29	28:13	5:39
96	Wilma BERKERS	Embros	ON	5/29	37/149	F40-49	28:17	5:40
97	Laurie VANDERHAGUE			6/29	38/149	F40-49	28:19	5:40
98	Perry HOLMAN			6/12	60/93	M50-59	28:20	5:40
99	Kelly KISSNER	Brantford	ON	7/36	39/149	F30-39	28:22	5:41
100	Martin DONKERS	Arva	ON	12/19	61/93	M40-49	28:46	5:46

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5K FINISHERS

Place	Name	City	DIV	PLACE IN:			TIME	/km PACE
				DIV	GENDER			
101	Sally CHAMBERLAIN	Woodstock	ON	7/29	40/149	F40-49	28:49	5:46
102	George WAUGH	Woodstock	ON	13/19	62/93	M40-49	28:55	5:47
103	Jesse MARTIN	Princeton	ON	7/11	63/93	M20-29	29:01	5:49
104	Allie LONGFIELD			8/16	41/149	F14-19	29:07	5:50
105	Charlie PETERSON	Stratford	ON	5/9	64/93	M--60+	29:07	5:50
106	Jon VERSTEEG	Woodstock	ON	17/23	65/93	M30-39	29:19	5:52
107	Sandra ROBILLARD	Woodstock	ON	8/29	42/149	F40-49	29:26	5:54
108	Erin SLAGER	Woodstock	ON	17/35	43/149	F20-29	29:27	5:54
109	Koot STEPHANIE	Thamesford	ON	9/16	44/149	F14-19	29:33	5:55
110	Jessica WAREING	Woodstock	ON	2/10	45/149	F10-13	29:34	5:55
111	Cam GIVENS	Woodstock	ON	9/9	66/93	M14-19	29:36	5:56
112	Charlene DEMERS	London	ON	8/36	46/149	F30-39	29:54	5:59
113	Koot DANIELLE	Thamesford	ON	3/10	47/149	F10-13	29:55	5:59
114	Deb BARRON	Woodstock	ON	9/36	48/149	F30-39	29:56	6:00
115	Paul BARRON	Woodstock	ON	18/23	67/93	M30-39	29:57	6:00
116	Melissa MCINTEE	Woodstock	ON	18/35	49/149	F20-29	29:58	6:00
117	Emily UKOS	Woodstock	ON	4/10	50/149	F10-13	30:02	6:01
118	Brianna GRAY	Woodstock	ON	5/10	51/149	F10-13	30:10	6:02
119	Mark DUNSIETH	Woodstock	ON	19/23	68/93	M30-39	30:12	6:03
120	Lori BENNETT	Woodstock	ON	9/29	52/149	F40-49	30:21	6:05
121	Dale KAUFMAN			7/12	69/93	M50-59	30:25	6:05
122	Kelly WOOD	Woodstock	ON	10/16	53/149	F14-19	30:34	6:07
123	Victoria POST	Woodstock	ON	6/10	54/149	F10-13	30:35	6:07
124	Susie SHAPTON			10/36	55/149	F30-39	30:36	6:08
125	Jaime SCHLEICH			11/36	56/149	F30-39	30:36	6:08
126	Jessica GRAY	Woodstock	ON	7/10	57/149	F10-13	30:36	6:08
127	Angela GRAY	Woodstock	ON	10/29	58/149	F40-49	30:41	6:09
128	Ratsamy NAOVARATH	Paris	ON	12/36	59/149	F30-39	30:49	6:10
129	Kayla COOK	Woodstock	ON	8/10	60/149	F10-13	30:54	6:11
130	Laura VAN DYK	Woodstock	ON	11/16	61/149	F14-19	30:58	6:12
131	Kyle MELSKI	Woodstock	ON	8/11	70/93	M20-29	30:58	6:12
132	Ken VAN DYK	Woodstock	ON	8/12	71/93	M50-59	30:58	6:12
133	Cassie FLUTTERT	Woodstock	ON	12/16	62/149	F14-19	31:11	6:15
134	Wendy WAUGH	Woodstock	ON	11/29	63/149	F40-49	31:14	6:15
135	Bob WILEY	Thamesford	ON	14/19	72/93	M40-49	31:18	6:16
136	Neil PETISOR	Woodstock	ON	20/23	73/93	M30-39	31:21	6:17
137	Danielle KAPLAR	Woodstock	ON	13/16	64/149	F14-19	31:26	6:18
138	Sharon BIRMINGHAM	Lindsay	ON	3/20	65/149	F50-59	31:28	6:18
139	Allison BRAYSHAW	Toronto	ON	19/35	66/149	F20-29	31:34	6:19
140	Mary MALONEY	Aylmer	ON	12/29	67/149	F40-49	31:37	6:20
141	Heidi MAYR	Woodstock	ON	20/35	68/149	F20-29	31:42	6:21
142	Jennifer KEELING	Woodstock	ON	21/35	69/149	F20-29	31:42	6:21
143	Deanna PETTEN			13/36	70/149	F30-39	31:47	6:22
144	Lisa LAMA	Ingersoll	ON	14/36	71/149	F30-39	32:16	6:28
145	Alison ATKINSON	Woodstock	ON	22/35	72/149	F20-29	32:18	6:28
146	Leah BARNES	Woodstock	ON	15/36	73/149	F30-39	32:18	6:28
147	Tiffany BIRTCH	London	ON	16/36	74/149	F30-39	32:19	6:28
148	Matt SIMMONS	Woodstock	ON	21/23	74/93	M30-39	32:26	6:30
149	Andrew SZASZ	Woodstock	ON	15/19	75/93	M40-49	32:26	6:30
150	Lesley KISTULINEC	Charing Cross	ON	17/36	75/149	F30-39	32:27	6:30

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5K FINISHERS

Place	Name	City	DIV	PLACE IN:			TIME	/km PACE
				DIV	GENDER			
151	Jennifer CRAWFORD	Woodstock	ON	14/16	76/149	F14-19	32:30	6:30
152	Scott CRAWFORD	Woodstock	ON	16/19	76/93	M40-49	32:30	6:30
153	Jessica GIBSON	Woodstock	ON	23/35	77/149	F20-29	32:31	6:31
154	Brenda CASSEL	Woodstock	ON	4/20	78/149	F50-59	32:33	6:31
155	Shawn SHAPTON			22/23	77/93	M30-39	32:37	6:32
156	Linsay MICHAEL	Innerkip	ON	24/35	79/149	F20-29	32:39	6:32
157	Jennifer MICHAEL	Innerkip	ON	5/20	80/149	F50-59	32:40	6:32
158	Bernard CONWAY	London	ON	6/9	78/93	M--60+	32:52	6:35
159	Ken DATEMA	Woodstock	ON	23/23	79/93	M30-39	33:01	6:37
160	Rachel LINDSAY	Woodstock	ON	25/35	81/149	F20-29	33:16	6:40
161	Amy MOULTON	Woodstock	ON	26/35	82/149	F20-29	33:16	6:40
162	Stephanie MCGAFFEY	Woodstock	ON	13/29	83/149	F40-49	33:24	6:41
163	Kelly SIMMONS	Woodstock	ON	18/36	84/149	F30-39	33:30	6:42
164	Nancy BARNES	Woodstock	ON	14/29	85/149	F40-49	33:33	6:43
165	Ron SHIER	Ingersoll	ON	7/9	80/93	M--60+	33:35	6:43
166	Carol TURVEY	Embryo	ON	1/3	86/149	F--60+	33:49	6:46
167	Cynthia WILLIAMSON	Woodstock	ON	15/29	87/149	F40-49	34:11	6:51
168	Tilly WILLIAMSON	Woodstock	ON	27/35	88/149	F20-29	34:12	6:51
169	Brooke SNELL	Woodstock	ON	15/16	89/149	F14-19	34:24	6:53
170	Alyce MADDOX	Woodstock	ON	19/36	90/149	F30-39	34:25	6:53
171	Danna LINK	Woodstock	ON	20/36	91/149	F30-39	34:30	6:54
172	Adrienne SZASZ MOIR	Woodstock	ON	21/36	92/149	F30-39	34:44	6:57
173	Elizabeth ROCHELEAN	Woodstock	ON	16/29	93/149	F40-49	34:58	7:00
174	Meghan CRAWFORD	Woodstock	ON	9/10	94/149	F10-13	35:05	7:01
175	Jill BROWN	Woodstock	ON	6/20	95/149	F50-59	35:10	7:02
176	Krista NANCEKIVELL	Woodstock	ON	28/35	96/149	F20-29	35:35	7:07
177	Danica POST	Woodstock	ON	10/10	97/149	F10-13	35:38	7:08
178	Nick VANHAEREN			9/11	81/93	M20-29	35:39	7:08
179	Darlene REMPEL	Woodstock	ON	22/36	98/149	F30-39	35:41	7:09
180	Melissa BAILEY	Woodstock	ON	16/16	99/149	F14-19	35:47	7:10
181	Bobbi-Jo ABBOTT	Woodstock	ON	23/36	100/149	F30-39	36:08	7:14
182	Janet LAMPREA	Woodstock	ON	7/20	101/149	F50-59	36:11	7:15
183	John FORD	Woodstock	ON	10/11	82/93	M20-29	36:13	7:15
184	Elke GIROUX	Woodstock	ON	24/36	102/149	F30-39	36:17	7:16
185	Reid PAINCHAUD			10/10	83/93	M10-13	36:21	7:17
186	Tanya BUTSON-STEELE	Woodstock	ON	25/36	103/149	F30-39	37:54	7:35
187	Amie Leigh NANCEKIVELL	Woodstock	ON	29/35	104/149	F20-29	38:02	7:37
188	Elaine BRIDGETT			30/35	105/149	F20-29	38:09	7:38
189	Ron ROUTLY			9/12	84/93	M50-59	38:09	7:38
190	Laura SMART	Woodstock	ON	26/36	106/149	F30-39	38:35	7:43
191	Wendy KANE			17/29	107/149	F40-49	38:54	7:47
192	Chelsea KANE			31/35	108/149	F20-29	38:55	7:47
193	Monique LEPARSKAS	Woodstock	ON	32/35	109/149	F20-29	38:56	7:48
194	Kelly MACALPINE	Woodstock	ON	18/29	110/149	F40-49	39:46	7:58
195	Heidi MARTIN	Woodstock	ON	27/36	111/149	F30-39	39:53	7:59
196	Tina SZASZ	Woodstock	ON	19/29	112/149	F40-49	39:53	7:59
197	Sasha PEPPER	Brantford	ON	33/35	113/149	F20-29	40:18	8:04
198	Debbra EDDY	Woodstock	ON	8/20	114/149	F50-59	40:27	8:06
199	Zoe PANAYI	Woodstock	ON	20/29	115/149	F40-49	40:28	8:06
200	Karry FINUCAN	Woodstock	ON	9/20	116/149	F50-59	40:29	8:06

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201	Ron DOWNEY	Woodstock	ON	11/11	85/93	M20-29	41:44	8:21
202	Amanda BRAGG	Woodstock	ON	28/36	117/149	F30-39	42:12	8:27
203	Christine SCHAAFSMA			29/36	118/149	F30-39	43:06	8:38
204	Leo ARCHDEKIN	Woodstock	ON	8/9	86/93	M--60+	45:57	9:12
205	Slyvain PAINCHAUD			17/19	87/93	M40-49	46:38	9:20
206	Kathi MARTIN	Woodstock	ON	30/36	119/149	F30-39	47:10	9:26
207	Bill VAN HAEREN	Woodstock	ON	10/12	88/93	M50-59	47:10	9:26
208	Sarah ANDREASEN	Woodstock	ON	31/36	120/149	F30-39	49:21	9:53
209	Nancy SNELL	Woodstock	ON	21/29	121/149	F40-49	50:24	10:05
210	Terri WINGROVE			22/29	122/149	F40-49	50:55	10:11
211	Jennifer MULLER			32/36	123/149	F30-39	50:56	10:12
212	Mary MICACIH	Woodstock	ON	10/20	124/149	F50-59	51:00	10:12
213	Maurice MICACCHI	Woodstock	ON	11/12	89/93	M50-59	51:01	10:13
214	Markus AMGWERD			18/19	90/93	M40-49	51:09	10:14
215	Tony VAN HALKEN	Woodstock	ON	11/20	125/149	F50-59	51:18	10:16
216	Marilyn SCOTT			12/20	126/149	F50-59	51:26	10:18
217	Lynne ARCHDEKIN	Woodstock	ON	2/3	127/149	F--60+	51:41	10:21
218	Danielle AMGWERD			13/20	128/149	F50-59	51:44	10:21
219	Brenda HEVENOR			14/20	129/149	F50-59	52:38	10:32
220	Wanda SPRUYT			23/29	130/149	F40-49	53:23	10:41
221	Janice BALL			15/20	131/149	F50-59	54:04	10:49
222	Alaina TENNISON			33/36	132/149	F30-39	54:05	10:49
223	Katie TURNER			34/36	133/149	F30-39	54:06	10:50
224	Kelly MCALLISTER	London	ON	34/35	134/149	F20-29	54:06	10:50
225	Ruth WOOD			16/20	135/149	F50-59	54:29	10:54
226	Eleanor EDWARDS			3/3	136/149	F--60+	54:55	10:59
227	Karen HUME			17/20	137/149	F50-59	54:56	11:00
228	Diane WALKER			18/20	138/149	F50-59	54:57	11:00
229	Heather DEJONG			24/29	139/149	F40-49	55:00	11:00
230	Danielle FORBES			25/29	140/149	F40-49	55:03	11:01
231	Uli HEUSLE			26/29	141/149	F40-49	55:57	11:12
232	Sue HORINGA			35/36	142/149	F30-39	55:59	11:12
233	Heather MCNEIL			36/36	143/149	F30-39	56:00	11:12
234	John UKOS	Woodstock	ON	27/29	144/149	F40-49	58:06	11:38
235	Don COOPER			9/9	91/93	M--60+	58:09	11:38
236	Janet ROBB			19/20	145/149	F50-59	58:09	11:38
237	Garry STEPHENSON			12/12	92/93	M50-59	59:13	11:51
238	April SALLANS			35/35	146/149	F20-29	59:14	11:51
239	Mirjam LAGRO			28/29	147/149	F40-49	59:16	11:52
240	Vicki SALLANS			29/29	148/149	F40-49	59:17	11:52
241	Chris MCARTHUR			20/20	149/149	F50-59	59:37	11:56
242	Roberto FIORNIO	Woodstock	ON	19/19	93/93	M40-49	1:02:20	12:28

**** Complete results at www.rrresults.com ****